# Foot & Ankle Support Card



- 1. Flexor hallucis longus tendon
- 2. Flexor digitorum longus tendon
- 3. Tibialis anterior tendon
- 4. Medial malleolus (tibia)
- 5. Gastrocnemius muscle
- 6. Soleus muscle
- 7. Flexor digitorum longus muscle 14. Soleus muscle
- 8. Flexor hallucis longus muscle
- 9. Achilles tendon
- 10. Tibialis posterior tendon
- 11. Tibialis anterior muscle
- 12. Extensor digitorum longus muscle 19. Peroneus tertius tendon
- 13. Peroneus longus muscle

- 15. Lateral malleolus (fibula)
- 16. Peroneus longus tendon
- 17. Extensor digitorum brevis muscle
- 18. Peroneus brevis tendon
- 20. Retinaculum
- 21. Extensor digitorum longus tendons
- 22. Extensor hallucis longus tendons

## **Anatomy Of Foot And Ankle Images**

Arun Kumar Gupta, Anju Garg, Manavjit Singh Sandhu

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