

Endocrine system

- The skeleton protects the endocrine organs especially in the pelvis, chest, and brain.
- Bone growth, remodeling, and repair occurs in response to hormones.
- Androgens and growth hormone promote muscle strength and increase in mass.

Respiratory system

- Skeleton encloses and protects lungs
- Flexible ribcage enables ventilation of the lungs for exchange of gases (O_2/CO_2).
- Diaphragm and intercostals produce volume changes in breathing.

Cardiovascular system

- Heart and blood vessels transport O_2 , nutrients, and waste products to all the body.
- Bone marrow produces red blood cells
- Bone matrix stores calcium, which is required for contraction of muscle in the heart and blood vessels.

Digestive system

- Skeleton provides some protection and support for the abdominal organs.
- Digestive system provides nutrients for growth, repair, and maintenance of muscle and connective tissues.

Skeletal system

- Muscular activity maintains bone strength and helps determine bone shape.
- Muscles pull on bones to create movement.



Nervous system

- The skeleton protects the CNS.
- Bone acts as a store of calcium ions required for nerve function.
- Innervation of bone and joint capsules provides sensation and positional awareness.
- Muscular activity is dependent on innervation.

Lymphatic system and immunity

- Stem cells in the bone marrow give rise to the lymphocytes involved in the immune response.

Urinary system

- The skeleton protects the pelvic organs.
- Final activation of vitamin D, which is involved in calcium and phosphorus metabolism, occurs in the kidneys.
- Urination controlled by a voluntary sphincter in the urethra.

Reproductive system

- The skeleton protects the reproductive organs.
- Reproductive (sex) hormones influence skeletal development.

Muscular system

- Skeleton acts as a system of levers for muscular activity.
- Bone provides a store of calcium for muscle contraction.

Integumentary system

- Skin absorbs and produces precursor of vitamin D, which is involved in calcium and phosphorus metabolism.
- Skin covers and protects the muscle tissue.

General functions and effects on all systems

The skeletal system provides bony protection for the internal organs, especially the brain and spinal cord, and the lungs, heart, and pelvic organs. The muscular system acts with the skeletal system to generate voluntary movements. Smooth and cardiac muscle provide motility for involuntary activity.



Anatomy And Physiology Skeletal Tissues Packet

Jahangir Moini



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