

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure of the human body and its parts.

Physiology

The study of the function of the human body and its parts.

Structural levels

Studying the human body at the structural level involves the following:

- 1. **Chemical level** - study of the chemical composition of the body.
- 2. **Cellular level** - study of the structure and function of cells.
- 3. **Tissue level** - study of the structure and function of tissues.
- 4. **Organ level** - study of the structure and function of organs.
- 5. **System level** - study of the structure and function of systems.
- 6. **Whole body level** - study of the structure and function of the whole body.

CELLS AND TISSUES

Cells are the basic units of structure and function of the body.



Composition of cellular fluids

Cells are composed of various fluids.

1. **Intracellular fluid** - fluid inside the cell.

2. **Extracellular fluid** - fluid outside the cell.

3. **Interstitial fluid** - fluid between cells.

4. **Plasma** - fluid in the blood.

5. **Lymph** - fluid in the lymphatic system.

6. **Transcellular fluid** - fluid in the transcellular space.

7. **Secretory fluid** - fluid secreted by cells.

8. **Defecatory fluid** - fluid in the defecatory system.

9. **Excretory fluid** - fluid in the excretory system.

10. **Reproductive fluid** - fluid in the reproductive system.

11. **Other fluids** - fluid in other systems.

12. **Fluid balance** - the balance of fluids in the body.

13. **Fluid regulation** - the regulation of fluids in the body.

14. **Fluid transport** - the transport of fluids in the body.

15. **Fluid storage** - the storage of fluids in the body.

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Anatomy 1 Study Guide

Brigitte Niedzwiecki, Julie Pepper

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