

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, adducts, and rotates the scapula of the upper limb	Cervical plexus (C3, C4)
Levator scapulae	Anterior tubercle of transverse process of C1, superior nuchal line	Medial process of scapula, superior angle	Elevates the scapula	Cervical plexus (C5)
Rectus capitis posterior	Superior nuchal line	Spinous of C1	Extends the head	Cervical plexus (C1, C2)
Muscles of Anterior Triangle of Neck				
Sternohyoid	Manubrium of sternum	Hyoid bone	Depresses the hyoid bone	Cervical plexus (C1, C2)
Sternothyroid	Manubrium of sternum	Thyroid cartilage	Depresses the thyroid cartilage	Cervical plexus (C1, C2)
Thyrohyoid	Thyroid cartilage	Hyoid bone	Elevates the hyoid bone	Cervical plexus (C1, C2)
Longus colli	Anterior tubercle of transverse process of C6, C7	Anterior tubercle of transverse process of C2, C3	Flexes the neck	Cervical plexus (C6, C7)
Longus capitis	Anterior tubercle of transverse process of C6, C7	Anterior tubercle of transverse process of C2, C3	Flexes the neck	Cervical plexus (C6, C7)
Other Muscles				
Geniohyoid	Genial tubercle	Hyoid bone	Elevates the hyoid bone	Cervical plexus (C1, C2)
Mylohyoid	Condylar head of mandible	Mylohyoid line	Elevates the hyoid bone	Cervical plexus (C1, C2)
Muscles of Facial Expression				
Orbicularis oculi	Medial orbital rim, lateral palpebral ligament	Orbicular rim	Closes the eye	Facial plexus (CN V, VII)
Corrugator supercilii	Medial supraorbital foramen	Medial supraorbital foramen	Wrinkles the forehead	Facial plexus (CN V)
Procerus	Medial supraorbital foramen	Medial supraorbital foramen	Wrinkles the forehead	Facial plexus (CN V)
Orbicularis oris	Medial orbital rim, lateral palpebral ligament	Orbicular rim	Closes the mouth	Facial plexus (CN VII)
Buccinator	Alveolar process of maxilla, alveolar process of mandible, buccinator foramen	Alveolar process of maxilla, alveolar process of mandible	Compresses the cheek	Facial plexus (CN VII)
Depressor anguli oris	Alveolar process of maxilla, alveolar process of mandible	Alveolar process of maxilla, alveolar process of mandible	Depresses the mouth	Facial plexus (CN VII)
Depressor labii inferioris	Alveolar process of maxilla, alveolar process of mandible	Alveolar process of maxilla, alveolar process of mandible	Depresses the lower lip	Facial plexus (CN VII)
Muscles of Mastication				
Masseter	Alveolar process of maxilla, alveolar process of mandible	Alveolar process of maxilla, alveolar process of mandible	Chews	Trigeminal plexus (CN V)
Temporalis	Superficial part of temporal fossa	Alveolar process of maxilla, alveolar process of mandible	Chews	Trigeminal plexus (CN V)
Medial pterygoid	Alveolar process of maxilla, alveolar process of mandible	Alveolar process of maxilla, alveolar process of mandible	Chews	Trigeminal plexus (CN V)
Lateral pterygoid	Alveolar process of maxilla, alveolar process of mandible	Alveolar process of maxilla, alveolar process of mandible	Chews	Trigeminal plexus (CN V)

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