09 - Engine, 5.7L/Specifications TORQUE SPECIFICATIONS

TORQUE CHART 5.7L ENGINE

DESCRIPTION	N-m	Ft. Lbs.	In. Lbs.
Block Pipe Plugs			
(1/4 – 18 NPT) Oil gallery Plug	20	15	2500
(1/4 – 18 NPT) Coolant Drain Plug	34	25	-
(3/8 NPT)	27	20	J
Camshaft Phaser Bolt	98	72	Store
Camshaft Tensioner Plate Bolts	28	21	_
Coil to Cylinder Head Cover Bolts	7	-	62
Timing Chain Case Cover Bolts	28	21	-
Lifting Stud	55	41	1200
Connecting Rod Cap Bolts	21 plus 90° Turn	15 plus 90° Turn	<u> </u>
Main Bearing Cap Bolts	(Refer to 09 - Engine/Engine Block/CRANKSHAFT - Installation)		
Cylinder Head Bolts	(Refer to 09 - Engine/Cylinder Head - Installation)		
Cylinder Head Cover Bolts	8	_	71
Exhaust Manifold- to-Cylinder Head	25	18	10-

DESCRIPTION	N·m	Ft. Lbs.	in. Lbs.
Flexplate-to- Crankshaft Bolts	95	70	-
Front Engine Mount Bracket to Block	61	45	-
Flywheel-to- Crankshaft Bolts	75	55	_
Front Insulator Through Bolt/Nut	95	70	_
Through Bolt/Nut (4WD)	102	75	_
Stud Nut (4WD)	41	30	-
Front Insulator-to- Block Bolts (2WD)	61	45	-
Intake Manifold Bolts	(Refer to 09 - Engine/Manifolds/MANIFOLD, Intake - Installation)		
Lifter Guide Holder	12	9	_
Oil Pan Bolts	12	9	
Oil Dipstick Tube	12	9	-
Oil Filter Adapter	12	9	=2
Oil Pan Drain Plug	34	25	_
Oil Pump Attaching Bolts	28	21	-
Oil Pump Pickup Tube Bolt/Nut	28	21	
Rear Seal Retainer Attaching Bolts	15	11	-
Rear Insulator-to- Bracket Bolt	68	50	

20ford Ranger Torque Specifications

Camilla Rothe

20ford Ranger Torque Specifications:

Chilton's Repair & Tune-up Guide, Ford Ranger, 1983-84, 1984 1993-94-95-96-1997 Ford Ranger 5R55E Transmission Repair Manual, This is the PDF service repair manual for the Ford Ranger 1993 1997 Transmission Transfercase 4x4 system The same manual auto shops and dealers reference to This is not your everyday off the shelf auto store manual This manual is guaranteed to be better than any auto store manual Detailed drawings Detail diagrams Detail step by step instructions Covers more than standard manuals Available as PDF no more damage manuals Chapters include Diagrams Transmission Transfercase Electrical 4R44E 5R55E Transmissions Automatic Manual 4wd 4x4 Gem Generic Motor Truck Repair Manual Michael J. Kromida,1983-05 Popular Science, 1982-07 Popular Science gives Module our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it Popular Mechanics ,1998-05 Popular Mechanics inspires instructs and influences readers to help them master the better modern world Whether it's practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle The Scottish Law Reporter .1992 Motor Light Truck and Van Repair Manual Motor, 1986 Chilton's Ford Repair Manual, 1980-1987, 1987 The total Ford manual for multi vehicle owners information for all models cars and light trucks Truck and Van Manual, 1991-1995 Chilton Automotive Books, The Nichols/Chilton, Chilton, (Chilton) Chilton, 1994 Documents specifications repairs and servicing procedures for individual models and provides information on component repair and overhaul 1993 Mitchell Domestic Light Trucks & Vans Service & Repair Mitchell International, 1993 Motor Trend .1984 Chilton's Truck and Van Repair Manual, 1986 **Popular Mechanics**, 1992-12 Popular Mechanics inspires instructs and influences readers to help them master the modern world Whether it's practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle Annual Book of ASTM Standards ASTM International, American Society for Testing and Materials, 2003

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