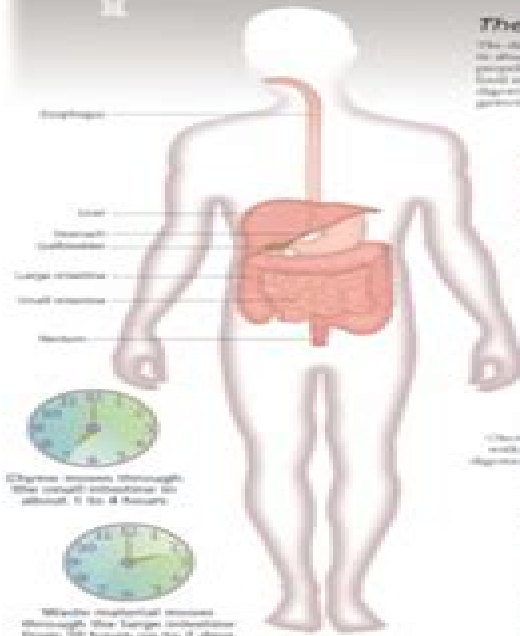




The Digestive Process

The digestive system

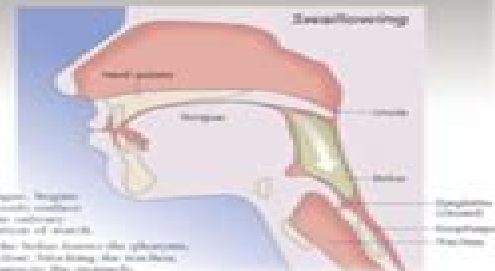
The digestive system, or gastrointestinal tract, is essentially a muscular tube in which food is broken down into absorbable nutrients and eliminated as waste. Food enters the mouth, is chewed and swallowed, passes through the stomach and small intestine, is absorbed in the large intestine, and is eliminated as waste. The digestive system also stores undigested components until they are ready to be expelled at the end of the gastrointestinal tract.



Ingestion

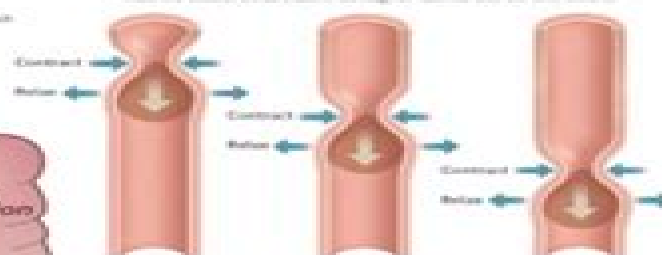
Chewing & swallowing

Chewing, the mechanical action of the mouth and tongue, begins the breakdown of solid food. This greatly increases food's surface area and exposes the food to the action of enzymes of the salivary glands. Saliva softens the food and begins the digestion of starch. The mixture of food and saliva is called a *bolus*. In the bolus, the pharynx, the esophagus, a flap-like valve, and the vocal cord contract, forcing the bolus forward, where it moves into the stomach through the esophagus.



Peristaltic action

Material is moved through the digestive system by a series of muscle contractions called peristalsis. The muscle is relaxed at the material's entrance, while the muscle ahead contracts, forcing the material into the next section.

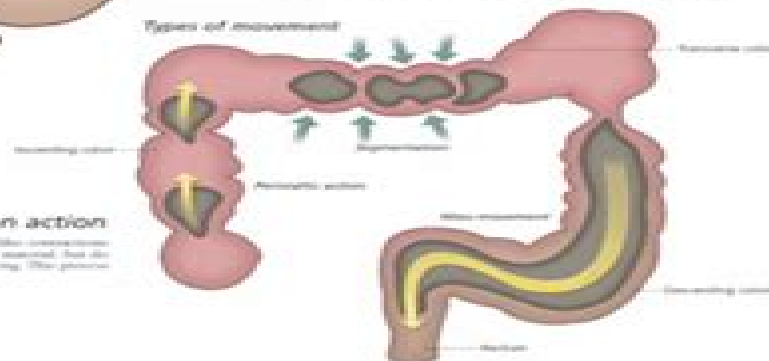


In the esophagus, material moves through the large intestine, where water and electrolytes are absorbed (absorption). This movement is called peristalsis.

Colonic movement

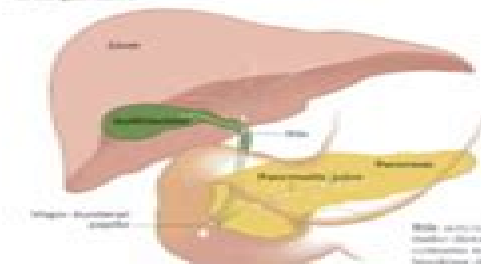
Movement through the large intestine is accomplished through the contractions of the longitudinal and circular muscles. Types of movement include peristaltic action, segmental action, and mass movement. Movement of food through the large intestine is slower than through the small intestine, allowing for absorption of water.

Types of movement



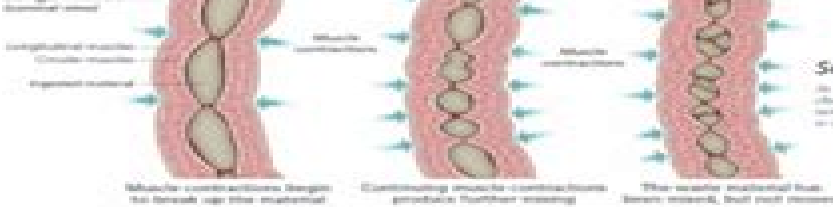
Segmentation action

In regular intervals, ring-like contractions (called segmentation) occur and mix the waste material. This is called segmentation.



Bile enters the small intestine and helps to break down fats into smaller particles. Pancreatic juice contains enzymes that digest proteins, breaking down food, proteins and carbohydrates.

Large intestine



Anatomy And Physiology Digestive System

Roman Wölfel



Anatomy And Physiology Digestive System:

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