

FUNCTION OF BONES(S)

TYPES OF BONES (4)

- LONG BONE
- FLAT BONE
- IRREGULAR BONE
- JUNT BONE

JOINTS = ARTICULATIONS

- SYNOVIAL joints
- HINGE JOINT
- BALL & SOCKET
- GLIDING / PLANE
- CONDYLOID
- PIVOT

JOINT MOVEMENT

- FLEXION
- EXTENSION
- ABDUCTION
- ADDUCTION
- ROTATION
- ELEVATION
- DEPRESSION
- SUPINATION
- PRONATION
- INVERSION
- EVERSION
- DORSIFLEXION
- PLANTAR FLEXION
- MOBILITY

206 POWER

AXIAL

- ☐ J KILL
- ☐ RIB-point - 3 - 12
- ☐ VERTIBRAE

ADRENAL MEDULLA
UPPER & LOWER EXTREMITIES

- [illegible]

- CONNECTS BONE TO BONE
- ATTACH MUSCLE TO BONE

FUNCTION OF BONES

- ↳ FORM & STRUCTURE
- ↳ PROTECTION & SUPPORT
- ↳ LEVERS & MOVEMENT
- ↳ **HEMOSTASIS**
- ↳ STORE MINERALS (CALCIUM & PHOSPHORUS) & ENERGY RESERVES

QYNA INC.

- longer than width (FRANK, ROMEUS, RADIOS, ULMA, TESSA, FLORES)
- "FLAT" (PREFRONS, CORPUS, STERNUM, RIBS)
- "IRREGULARLY" Triangular (CLAVICLE → COMPLETELY FLAT (TORTOISE, EGG))
- about as long as they are wide (CORPUS, CARPALS, METELA)
- **reverted** (reverted ^{from original} "METELA" (metacarp))

→ PLACE OF CONTACT between BONDS

→ **PLAN THROTTLE** - pretty movable

HINGE joint

— **CHLORINE**
— **PHOSPHORUS**

BALL-and-SOCKET

- **Wages** (low cost)
- **Food safety** (no pesticides)
- **Quality** (no additives)

PLANE

Exercises
(unmarked)

- Chapter exercise
- Exercise 10

See [Chapter 10](#)

CONCLUSIONS

- between tropic and subtropical zones

PINOT (p-i-n-o-t)

(unvollständig)
 erstellt am: 10.01.2023
 - erstellt von: [Name]

SADDLE *juv*

- **ONLY** one middle joint is CARPOMETACARPAL joint (**trapezoid**)

The diagram illustrates the two phases of a bicep curl. The top part shows the **CONCENTRIC** phase, labeled **Flexion**, where the arm is moving from a straight position to a bent position, lifting the weight. The bottom part shows the **ECENTRIC** phase, labeled **Extension**, where the arm is moving from a bent position back to a straight position, lowering the weight. Arrows indicate the direction of movement for each phase.

[illegible]

— FOUR —

TRANSITION



Diagram illustrating the structure of a lens, showing 'PENETRATION' at the top and 'PORE' at the bottom.

FOUR FEET

REFERENCES

SUMMARY: Bones of the skeletal system are not only for form and structure but also have functions that make them DYNAMIC. The types and classification of bones are essential to identify and understand its connections to joints, and movements. **#SHAPE determines FUNCTION.**

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Anatomy and Physiology Study Guide Patrick Leonardi,2002-02-01 This test preparation study guide is the best in the industry It is designed for students of college anatomy and physiology It is very thorough specific and complete for each topic

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Student Notebook and Study Guide to Accompany The Human Body Bruce Wingerd, Patty Bostwick Taylor, 2013-02-01. This Student Notebook and Study Guide is the ideal companion to Bruce Wingerd's *The Human Body*. It reinvents the traditional study guide by giving students a tool to help grasp information in class and reinforce learning outside of class. Too often students struggle to both learn the concepts presented and simultaneously record crucial information. The Student Notebook and Study Guide provides a structure for recording in class material that parallels the text's concept presentation and includes supplemental questions and activities for assignment outside of the classroom. A complete answer guide for both the in class and out of class materials is available online.

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