

Sample Test Questions And Answers

ANCC – PMHNP

2023

A patient with borderline personality disorder experiences intense anxiety when an adult psychiatric and mental health nurse practitioner goes on vacation. The best explanation for this reaction is that the patient:

- A. has failed to develop clear ego boundaries.
- B. has failed to master object constancy.
- C. is employing primitive idealization.
- D. is employing projective identification. - ANS-B. has failed to master object constancy

2. A patient has been taking escitalopram (Lexapro) 10 mg daily for four weeks. Initially, the patient reported depression and suicidal thoughts. The patient's sleep, appetite, energy, and appearance have now begun to improve. Which statement applies to this patient?

- A. The medication should be discontinued.
- B. The medication should be increased.
- C. The patient's risk for suicide is not a concern.
- D. The patient's suicide potential is increased. - ANS-D. The patient's suicide potential is increased.

3. Which behavior reflects existentially oriented therapy?

- A. Attempting to understand a patient's subjective world
- B. Challenging a patient's irrational beliefs
- C. Developing specific plans for change
- D. Establishing general group goals - ANS-A. Attempting to understand a patient's subjective world

4. Serving as a member on a crisis team, an adult psychiatric and mental health nurse practitioner provides crisis intervention to the survivors of a plane crash. Forty-eight hours after the accident, the survivors describe vivid flashbacks, startle reactions, and disrupted sleep patterns. The nurse practitioner responds by:

- A. advising the survivors to consider using a hypnotic medication for a brief period.
- B. educating the survivors about prodromal symptoms of posttraumatic stress disorder.
- C. encouraging the survivors to rest during the day.
- D. suggesting that the survivors join a posttrauma support group. - ANS-B. educating the survivors about prodromal symptoms of posttraumatic stress disorder.

5. An adult psychiatric and mental health nurse practitioner uses the interpersonal therapy model with a patient to establish a therapeutic alliance based upon empathy and trust. The nurse practitioner recognizes the patient's readiness to terminate therapy when the patient demonstrates:

Ancc Public Health Test Questions

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Velavancorresponding



Ancc Public Health Test Questions:

Unveiling the Energy of Verbal Art: An Emotional Sojourn through **Ancc Public Health Test Questions**

In a world inundated with displays and the cacophony of instant transmission, the profound power and emotional resonance of verbal artistry frequently fade in to obscurity, eclipsed by the constant assault of noise and distractions. However, set within the musical pages of **Ancc Public Health Test Questions**, a captivating function of literary elegance that impulses with raw feelings, lies an unforgettable journey waiting to be embarked upon. Composed by way of a virtuoso wordsmith, that magical opus instructions readers on a psychological odyssey, softly revealing the latent possible and profound affect embedded within the elaborate internet of language. Within the heart-wrenching expanse of this evocative examination, we can embark upon an introspective exploration of the book is central themes, dissect their charming publishing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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