# Exam 1 First Aid and Safety Questions and Answers

carotid pulse - Answer- the pulse felt along the large carotid artery on either side of the neck

Name of book - Answer- Sport First Aid 5th edition

Publisher - Answer- Human Kinetics

Author Name and Degrees - Answer- Melind J. Flegel MS (Masters in Science), ATC (Athletic Training Certified), LAT (Licensed Athletic Trainer), CSCS (Certified Strength and Conditioning Specialist)

What percent of high schools have a certified athletic trainer? - Answer- 42%

- 4 Duties of the Coach Answer- 1. Prevention
- Recognition and First Aid care
- 3. Treatment and Assessment
- 4. Rehabilitation

9 Legal Duties of the Coach - Answer- 1. Properly Plan Activity

- Provide Proper Instruction
- Warn of Inherent Risks
- Provide a Safe Physical Environment.
- Provide Proper Equipment
- Match Athletes Appropriately
- Evaluate Athletes for Injury
- 8. Supervise the Activity Closely
- 9. Provide Proper Emergency Assistance

When should a athlete not participate? - Answer- 1. Loss of function (can't move, etc.)

- 2. Fever
- Headaches, memory loss, dizziness, ringing in the ears, or unresponsiveness from a head injury
- Heat or cold related illnesses
- Pain associated with the activity

Who cancels weather for practice? - Answer- The Athletic Director

Cancel practice: How long thunder after lighting? - Answer- 30 seconds

NEVER GIVE AN ATHLETE - Answer- Medicine

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web based on the most recent data there were approximately 214 110 tbi related hospitalizations in 2020 and 69 473 tbi related deaths in 2021 1 this represents more than 586 tbi related hospitalizations and 190 tbi related deaths per day these estimates do not include the many tbis that are only treated in the emergency department primary head injury and concussion nhs - Jan 21 2022

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head at speed such as in a car crash being hit by a car or bike or a diving accident a head wound with something inside it or a dent to the head

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web brain trauma foundation leads the way in conducting clinical and field research about traumatic brain injuries our eye tracking study is one of the largest thi studies to date with over 10 000 subjects which aims to develop an evidence based classification for the spectrum of thi from concussion to coma learn how about us improving

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web a traumatic brain injury or this is an injury that affects how the brain works this is a major cause of death and disability in the united states anyone can experience a this but data suggest that some groups are at greater risk for getting a this or having worse health outcomes after the injury 190 about 190 americans died from

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called mild this because they are usually not life threatening

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