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Summary of NRP[®] 6th Edition Materials

The American Academy of Pediatrics 6th Edition NRP materials represent a major shift in the approach to the NRP educational methodology and course structure. The focus of the NRP 6th Edition has changed from a slide-and-lecture format to a flexible agenda that includes self-study of the textbook and a required online examination prior to the NRP course. Classroom time will focus on hands-on skills training, simulation-based learning, and debriefing exercises with the neonatal resuscitation team.

Textbook of Neonatal Resuscitation & DVD, 6th Edition



The repertoire of new materials includes a completely revised **Textbook of Neonatal Resuscitation & DVD**. The NRP 6th Edition textbook incorporates the 2020 American Academy of Pediatrics (AAP) and American Heart Association's (AHA) Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care.

The 2020 guidelines were developed by the NRP Steering Committee based on the Consensus on Science and Treatment Recommendations (COSTAR) of the International Liaison Committee on Resuscitation (ILCOR) Neonatal Integration. The new guidelines were published in Pediatrics last October and are included as a reprint in the 6th Edition textbook. For more information about the 2020 AAP/AHA Guidelines, refer to the article that appeared in the Fall/Winter 2020 edition of NRP Instructor Update. The complete Guidelines can be accessed at <https://guidelines.resuscitation.org/updates/updates-2020-2022-1>.

The revised textbook has nine chapters, each with new content updates that are also incorporated into the accompanying interactive multimedia textbook DVD. The NRP Flow Diagram has changed in a variety of ways. Primarily, the information flow has been simplified, with a greater focus on ensuring positive-pressure ventilation before starting chest compressions.



"THE NEW EDITION CONTAINS UPDATES, INCLUDING THE APPLICATION OF PULSE OXIMETRY TO GUIDE THE USE OF SUPPLEMENTAL OXYGEN TO CORRECT THE USE OF SUPPLEMENTAL OXYGEN DURING RESUSCITATION."

"One of the most significant content updates is the application of pulse oximetry to guide the use of supplemental oxygen during neonatal resuscitation. This topic is covered in detail in Lessons 1-3 in the textbook and probably represents the biggest change in the NRP 6th Edition," explained John Kattamuri, MD, FAAP, editor of the *Textbook of Neonatal Resuscitation*, 6th and 6th Editions as well as the 6th edition.

"In the 5th Edition, we recommended the use of 21-25% oxygen during resuscitation because sufficient evidence to the contrary wasn't available at the time," said Dr. Kattamuri, Professor of Pediatrics at the University of Virginia in Charlottesville. "However, based on the latest scientific evidence, we now know that increasing a newborn's oxygen level as high as possible with 100% supplemental oxygen is probably not the best approach. If we increase the oxygen level too fast, it may cause brain injury. The latest science tells us we should be very careful of that."

Guideline recommendations encourage having pulse oximetry and limited oxygen available in delivery areas and pulse oximetry is highly recommended for use whenever supplemental oxygen, positive-pressure ventilation, or continuous positive airway pressure (CPAP) are considered necessary.

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