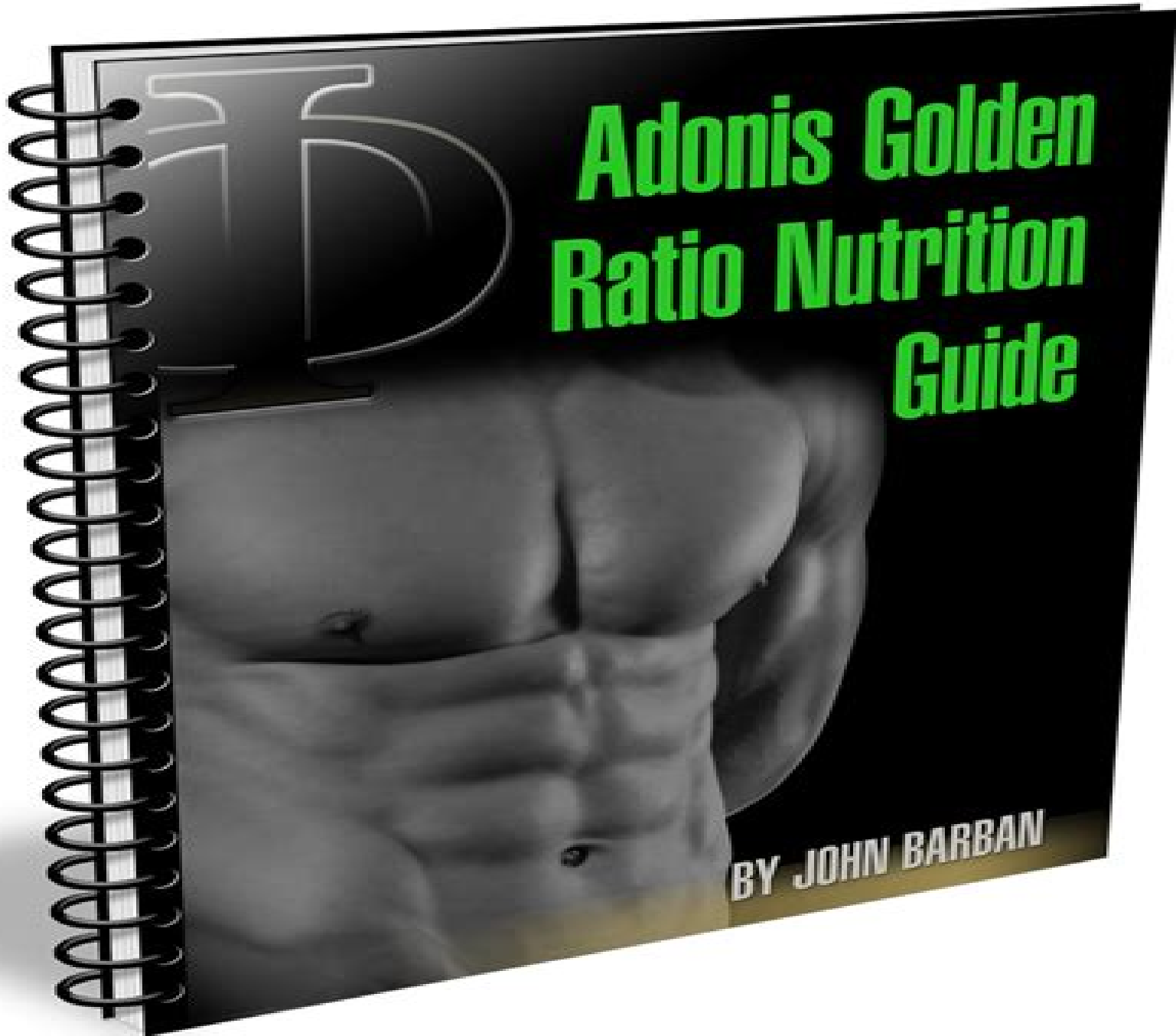


Adonis Golden Ratio Nutrition Guide

BY JOHN BARBAN



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