

# Adult Basic and Advanced Life Support

## Cardiac Arrest



**Burden of disease**  
Affects individuals across age, gender, race, geography, and socioeconomic status



**Out-of-hospital**  
An estimated 400,000 per year in the United States and Canada combined, with a survival rate of 10%



**In-hospital**  
Without a national registry in Canada, the combined numbers are unknown. However, over 290,000 per year in the United States, with a survival rate of 25%



## CPR and Access

**2020 Guidelines** reaffirm the need for early initiation of High-quality CPR



**Real-time audiovisual feedback** is suggested as a means to maintain CPR quality.



Depth of at least 5 cm (2 inches) for chest compressions



100 to 120/min



**Administer Epinephrine**  
Administer as soon as feasible for nonshockable rhythms and after defibrillation has failed in shockable rhythms.



**Attempt IV Before IO**  
Emphasis is on intravenous as first access attempt; if that fails or is not feasible, intraosseous may be used.

## Defibrillation



**Critical**  
for cardiac arrest due to ventricular fibrillation and pulseless ventricular tachycardia

**Double sequential defibrillation** is shock delivery by 2 defibrillators nearly simultaneously.



The usefulness of double sequential defibrillation has not been established for refractory shockable rhythms. Routine use of double sequential defibrillation is not recommended at this time.

## Special Considerations



**Cardiac arrest due to an opioid overdose must be considered and requires individualized treatment.**



Administer **naloxone** for respiratory arrest or if unsure if patient is in cardiac arrest. The most common routes of administration are intravenous, intramuscular, or intranasal. New in 2020: **Algorithms** for healthcare providers and lay rescuers for treating overdoses are provided.

**Cardiac arrest in pregnancy requires individualized management of resuscitation.**

EMS should notify healthcare facilities in advance to ensure all resources are available for both infant and mother.

Focus on **maternal resuscitation**, with preparation for **perimortem caesarean delivery** if necessary.

Perform **left uterine displacement** during CPR to improve perfusion.



## New in 2020



**Point-of-care ultrasound:** If an **experienced sonographer** is **present** and the **use of ultrasound does not interfere** with standard cardiac arrest protocol, then it may be considered as an adjunct, although its usefulness has not been well established.



**Neuroprognostication:** **Multiple modalities** should be used to improve decision-making accuracy.



**Post-cardiac arrest care:** Emphasis is on **interventions during the initial stabilization phase** as well as on **continued management** and additional emergent activities.



**Chain of Survival:** A **new link—recovery**—has been added. Full recovery can take a year or more. Because recovery continues long **beyond initial hospitalization**, provide assessment and support for physical, cognitive, and psychosocial needs.



# American Heart Association Cpr Guidelines Poster

**Debbie S. Robinson**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

## **American Heart Association Cpr Guidelines Poster:**

HCI International 2021 - Late Breaking Posters Constantine Stephanidis, Margherita Antona, Stavroula Ntoa, 2021-11-05

This two volume set CCIS 1498 and CCIS 1499 contains the late breaking posters presented during the 23rd International Conference on Human Computer Interaction HCII 2021 which was held virtually in July 2021. The total of 1276 papers and 241 posters included in the 39 HCII 2021 proceedings volumes was carefully reviewed and selected from 5222 submissions. Additionally 174 papers and 146 posters are included in the volumes of the proceedings published after the conference as Late Breaking Work papers and posters. The posters presented in these two volumes are organized in topical sections as follows: HCI Theory and Practice, UX Design and Research in Intelligent Environments, Interaction with Robots, Chatbots and Agents, Virtual, Augmented and Mixed Reality, Games and Gamification, HCI in Mobility, Transport and Aviation, Design for All and Assistive Technologies, Physiology, Affect and Cognition, HCI for Health and Wellbeing, HCI in Learning, Teaching and Education, Culture and Computing, Social Computing, Design Case Studies, User Experience Studies.

**Early's Physical Dysfunction Practice Skills for the Occupational Therapy Assistant E-Book** Mary Beth Patnaude, 2021-01-15. NEW Intervention Principles for Feeding and Eating chapter is added to this edition. NEW Reorganization of all chapters aligns content more closely with the Occupational Therapy Practice Framework. NEW Combined chapters make the material more concise and easier to navigate.

**Pediatric Nursing Care: A Concept-Based Approach with Navigate Advantage Access** Luanne Linnard-Palmer, 2022-12-13. Pediatric Nursing Care: A Concept Based Approach Second Edition provides guidance for working clinical nurses wanting to cross train or switch clinical practice from adult oriented care to pediatric nursing as well as pre licensure students learning about the complex field of pediatric care.

**AHA Scientific Sessions 2016: Program Information** American Heart Association, 2016-11-07. The American Heart Association's Scientific Sessions 2016 is bringing big science, big technology and big networking opportunities to New Orleans, Louisiana this November. This event features five days of the best in science and cardiovascular clinical practice covering all aspects of basic clinical population and translational content.

**Fitness Professional's Handbook** Edward T. Howley, Dixie L. Thompson, 2022-06-02. Fitness Professional's Handbook Seventh Edition With HKPropel Access provides current and future fitness professionals with the knowledge to screen participants, conduct standardized fitness tests, evaluate the major components of fitness and prescribe appropriate exercise. The text uses the latest standards, guidelines and research from authorities in the field to prepare readers for certification and arm them with the knowledge to work with a variety of clients and populations. This full color text incorporates information from the 10th edition of ACSM's Guidelines for Exercise Testing and Prescription and the Physical Activity Guidelines for Americans, exercise and physical activity recommendations for adults, older adults, children and those with special needs. The text embraces the importance of communication between allied health and medical professionals with those in the fitness arena to provide readers with a foundation for prescribing exercise and delivering

need and goal specific physical activity and fitness programs Every chapter has been updated allowing readers to explore the newest theories and research findings and apply them to real world situations The following are among the most significant changes to the seventh edition Related online content delivered via HKPropel that includes an online video library containing 24 video clips to help readers better apply key techniques covered in the book as well as fillable forms that students can use beyond the classroom A new chapter Training for Performance helps professionals expand their practice to work with recreational athletes who have performance related goals New information including the consequences of exercise induced muscle damage rhabdomyolysis devices used to track physical activity and estimate energy expenditure e g accelerometers relative flexibility and the role of lumbopelvic rhythm in back function the importance of progression in an exercise prescription and the professional standard of care associated with HIIT programs reflects recent topics of interest and research Updated statistics on CVD and CHD from the American Heart Association adult and childhood obesity and the prevalence of COPD asthma bronchitis and emphysema ensure accurate representation of data With a comprehensive and practical approach this text enables readers to help individuals communities and groups gain the benefits of regular physical activity in a positive and safe environment It provides background to the field scientific fundamentals and up to date recommendations to help readers better understand the role of physical activity in the quality of life and guidelines for screening testing supervising and modifying activity for various populations Note A code for accessing HKPropel is not included with this ebook but may be purchased separately

**Animals, Ethics, and Engineering** Rosalyn W. Berne, 2025-08-07 Animals Ethics and Engineering Intersections and Implications is a seminal work that explores the intricate relationship between technology ethics and the welfare of nonhuman animals Edited by Rosalyn W Berne this volume brings together leading scholars and practitioners to examine the ethical responsibilities inherent in technological progress and its impact on animal well being

**Character Building and Competence Development in Medical and Health Professions Education** Mora Claramita, Diantha Soemantri, Rachmadya Nur Hidayah, Ardi Findyartini, Dujeepta D. Samarasekera, 2023-10-04 This book is a collection of the best scientific research presented during the First International Conference of Indonesian Medical and Health Professions Education INA MHPE Conference 2022 hosted by the Departments of Medicine Health Professions Education and Bioethics in the Faculty of Medicine Public Health and Nursing at the Universitas Gadjah Mada UGM in Indonesia The conference was held in co operation with the co hosts of Department of Medical Education at Universitas Indonesia UI and the Medical Education Unit in the Faculty of Medicine at Universitas Airlangga UA who will host the forthcoming INA MHPEC in 2024 and 2026 respectively This collection presents selected papers presented by health professionals and bioethicists from these leading institutions in Indonesia focusing on the theme of character building in the context of health education for medical professionals in the twenty first century It considers effective learning strategies for character building appropriate methods of character assessment means of assessing and

improving the learning environment in the community clinics university classes and hospitals and addresses the role of the healthcare educator in providing resources program evaluations and effective medical management to support the development of healthcare professionals characters and their modus operandi in the future The book is relevant to medical and public health professionals in Indonesia Southeast Asia and beyond

**Evidence-Based Practice for Nursing and Healthcare Quality Improvement** Geri LoBiondo-Wood, Judith Haber, Marita G. Titler, 2018-07-25 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Quality Improvement 2019 AJN Book of the Year Award Recipient in the Advanced Practice Nursing category Equip yourself to expertly conduct EBP or quality improvement projects Written by renowned EBP experts LoBiondo Wood Haber Titler Evidence Based Practice for Nursing and Healthcare Quality Improvement provides a straightforward yet comprehensive guide to planning and conducting EBP and quality improvement projects This brand new full color richly illustrated textbook begins with foundational content and then works through the processes of developing and exploring clinical questions implementing results and disseminating information The book's content and approach have been developed specifically with the adult learner in mind with multiple full text appendix articles referenced throughout as examples along with unique pedagogical aids including EBP Tips and EBP Key Points to ground concepts in a real life context NEW Written by renowned EBP experts LoBiondo Wood Haber Titler to provide a straightforward yet comprehensive guide to planning and conducting EBP and QI projects NEW A straightforward practical approach begins with foundational content and then works through the processes of developing and exploring clinical questions implementing results and disseminating information NEW Developed specifically with the adult learner in mind with multiple full text appendix articles referenced throughout as examples along with unique pedagogical aids including EBP Tips and EBP Key Points to ground concepts in a real life context

**Update 1990** Jean L. Vincent, 2012-12-06 This book presents a comprehensive survey in which internationally recognized experts discuss specific topics The wide spectrum of experimental and clinical investigations include the pathophysiologic diagnostic and therapeutic aspects Update 1990 represents the series continuous effort to combine the most recent developments in one reference source for all those involved in cardiology internal medicine pediatrics anesthesia intensive care and emergency medicine

Pediatric Anesthesia Bruno Bissonnette, 2014-05-14 No longer merely a subspecialty pediatric anesthesia is now a professional entity in its own right as is amply demonstrated in this comprehensive addition to the medical and surgical literature Pediatric Anesthesia Basic Principles State of the Art Future comprises the contributions of 150 experts in the field from all over the world providing this book with a truly global perspective This textbook will help anesthesiologists already interested in pediatric anesthesia to the knowledge and skills inherent to the safe practice of anesthesia for infants and children

Sports Physician Handbook Yannis P. Pitsiladis, YUNG Shu Hang Patrick, Mark R. Hutchinson, Fabio Pigozzi, 2025-08-21 Sports Physician Handbook the fourth edition of Team Physician Manual International Federation of Sports Medicine FIMS

covers all key area of activity and intervention from the preparticipation examination to rehabilitation drug testing young athlete female athlete and even environmental issues The book also surveys the most significant classifications of sports injury offering clear advice on fieldside assessment diagnosis and treatment as well as examining best practice in general aspects of sports medicine such as prevention and the psychology of injury Sports Physician Handbook continues the high caliber of authorship from a team of world leading physicians and scientists from around the world In short the fourth edition represents a must have reference for any doctor scientists physical therapist or medical professional working in sport Covers all key areas of knowledge needed by sports practitioners interested in protecting the health of athletes Includes new sections on brain trauma concussions mental health and environmental issues Provides a new chapter on big data wearables AI and telemedicine

**Current Awareness in Health Education** ,1983-08

**Drowning** Joost J.L.M. Bierens,2009-07-29

Since the first edition of the Handbook on Drowning in 2005 many epidemiological data have confirmed the burden of drowning in several parts of the world Studies have increased the understanding of effective drowning prevention strategies rescue techniques and treatment options Much has been learned about submersion and immersion hypothermia SCUBA diving injuries the life saving preparations of water related disasters and how to deal with forensic investigations In this updated second edition experts from around the world provide a complete overview of current research data consensus statements and expert opinions The book Drowning provides evidence based practical information and has a unique informative value for various groups with tasks duties and responsibilities in this domain In addition the book may be an inspiration for future networks and research initiatives

**Modern Dental Assisting - E-Book** Doni L. Bird,Debbie S. Robinson,2016-05-16 Prepare for a successful career as a dental assistant Modern Dental Assisting is the leading text in dental assisting the most trusted the most comprehensive and the most current Using an easy to understand approach this resource offers a complete foundation in the basic and advanced clinical skills you must master to achieve clinical competency It describes dental assisting procedures with photographs and clear step by step instructions Along with the textbook this complete learning package includes a companion Evolve website replete with learning exercises and games and video clips of dental assisting procedures plus animations and review questions Written by Doni Bird and Debbie Robinson two well known and well respected dental assisting educators this edition is also available as a Pageburst e book

**Textbook of Adult Emergency Medicine E-Book** Peter Cameron,George Jelinek,Anne-Maree Kelly,Lindsay Murray,Anthony F. T. Brown,2011-11-18 A major postgraduate textbook in emergency medicine covering all the major topics that present to the trainee doctor in the emergency department A comprehensive textbook of adult emergency medicine for trainee doctors covers all the problems likely to present to a trainee in the emergency department Chapters are short and concise with key point boxes called Essentials at the beginning Also has boxes featuring controversial areas of treatment Practical and clinically orientated Major changes to resuscitation guidelines Complete rewriting of ENT section Significant

updating of following topics acute coronary syndrome management trauma sepsis management imaging arrhythmias  
Expansion of administration section especially patient safety Changes to drug overdose sections in toxicology section

*Foundations for Population Health in Community/Public Health Nursing - E-Book* Marcia Stanhope, Jeanette Lancaster, 2021-10-08 Master the essentials of health promotion in community and public health nursing *Foundations for Population Health in Community Public Health Nursing 6th Edition* provides clear concise coverage of the nurse's role in preventing disease promoting health and providing health education in community settings Case studies and critical thinking activities make it easier to apply concepts to community nursing practice New to this edition are Healthy People 2030 guidelines and coverage of the latest issues trends and approaches Written by well known nursing educators Marcia Stanhope and Jeanette Lancaster this streamlined text covers the fundamentals of designing effective nursing strategies for vulnerable and special populations Focus on health promotion throughout the text emphasizes initiatives strategies and interventions that promote the health of the community QSEN boxes illustrate how quality and safety goals competencies objectives knowledge skills and attitudes can be applied in nursing practice in the community Levels of Prevention boxes identify specific nursing interventions at the primary secondary and tertiary levels reinforcing the concept of prevention as it relates to community and public health care Applying Content to Practice boxes highlight how chapter content is applied to nursing practice in the community Practice Application scenarios present practice situations with questions and answers to help you apply concepts to community practice Genomics coverage provides a history of genetics and genomics and how they impact public community health nursing care Coverage of ongoing health care reform issues includes the impact of the Patient Protection and Affordable Care Act of 2010 ACA on public health nursing Evidence Based Practice boxes highlight current research findings their application to practice and how community public health nurses can apply the study results NEW COVID 19 pandemic information has been added NEW Healthy People 2030 objectives are highlighted throughout the book addressing the health priorities and emerging health issues expected in the next decade NEW Updated content and figures reflect the most current data issues trends and practices NEW Expanded Check Your Practice boxes use Clinical Judgment Next Generation NCLEX steps to guide your thinking about practice scenarios

**Modern Dental Assisting - E-Book** Debbie S. Robinson, 2023-04-12 Selected for Doody's Core Titles 2024 in Dental Hygiene boxes on infection control and CDC practices and end of chapter elements regarding patient education law and ethics future trends and critical thinking Key terminology list offers definitions visual highlights within chapter discussions and an alphabetized list in the glossary with cross references to chapter locations Learning and performance outcomes address didactic knowledge and clinical skills mastery NEW Expanded coverage of digital technology topics in general dentistry and dental specialties prepares you to work in modern dental settings NEW Additional illustrations enhance an already stellar art program with more than 1 700 images NEW Consistent chapter organization with modernized learning outcomes help you understand

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**Advancing Evidence-Based Practice in Nursing and Healthcare** Mary Jo Vetter, Kathleen Evanovich Zavotsky, 2024-12-09 Develop your skills to expertly conduct evidence based practice EBP or quality improvement QI projects Advancing Evidence Based Practice in Nursing and Healthcare Second Edition is a straightforward yet comprehensive guide to planning implementing and evaluating EBP and QI projects to improve healthcare quality and outcomes Building on the legacy built by Geri LoBiondo Wood and Judi Haber this edition is newly tailored to meet the goals and strategic priorities of a variety of healthcare settings with the tenets of ANCC Magnet designation JCAHO accreditation and other current regulatory and quality standards integrated throughout This edition features a new focus on both academic and practice settings including content informed by recent guidance documents such as The Essentials Core Competencies for Professional Nursing Education AACN 2021 Advancing Healthcare Transformation A New Era for Academic Nursing AACN 2016 and the principles of Future of Nursing 2020 2030 Charting a Path to Achieve Health Equity NASEM 2021 Also new to this edition are 10 new chapters including topics related to the impact of academic practice partners nurse wellness diversity equity inclusion and belonging population health and innovation new models of evidence based practice and more and an entirely new unit on Evidence Based Practice Innovation in Healthcare NEW Focus on both academic and practice settings includes content informed by recent guidance documents such as The Essentials Core Competencies for Professional Nursing Education AACN 2021 Advancing Healthcare Transformation A New Era for Academic Nursing AACN 2016 and the principles of Future of Nursing 2020 2030 Charting a Path to Achieve Health Equity NASEM 2021 NEW Ten additional chapters cover topics related to the impact of academic practice partners nurse wellness diversity equity inclusion and belonging population health and innovation new models of evidence based practice and more plus an entirely new Evidence Based Practice Innovation in Healthcare unit NEW Tailored content addresses the goals and strategic priorities of a variety of healthcare settings with the tenets of ANCC Magnet designation JCAHO accreditation and other current regulatory and quality standards integrated throughout UPDATED Evidence based practice EBP and quality improvement QI coverage presents the most up to date thinking on processes and projects as well as examples and excerpts from high quality published EBP and QI projects Additional practice examples help you prepare to apply key concepts to the practice setting Increased emphasis on need to know content guides you through EBP and QI projects Contributions from 48 expert authors



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**Textbook of Critical Care: First South Asia Edition - E-Book** Jean-Louis Vincent,Edward Abraham,Frederick A. Moore,Patrick Kochanek,Mitchell P. Fink,2017-03-27 Comprehensive concise and readable Textbook of Critical Care First South Asia Edition brings you fully up to date with the effective management of critically ill patients providing the evidence based guidance you need to overcome a full range of practice challenges Drs Jean Louis Vincent Edward Abraham Frederick A Moore Patrick Kochanek and Mitchell P Fink are joined by other international experts who offer a multidisciplinary approach to critical care sharing expertise in anesthesia surgery pulmonary medicine and pediatrics This highly acclaimed text offers ICU clinicians a new understanding of the pathophysiology of critical illness and new therapeutic approaches to critical care Features a wealth of tables boxes algorithms diagnostic images and key points that clarify important concepts and streamline complex information for quick reference

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