

God's chosen fast

ARTHUR WALLIS

*A Spiritual and Practical
Guide to Fasting*

Arthur Wallis Gods Chosen Fast

Arthur Wallis



Arthur Wallis Gods Chosen Fast:

God's Chosen Fast Arthur Wallis, 2011 Arthur Wallis offers this balanced study on fasting and seeks to give to the subject the weight that Scripture gives it while also avoiding exaggeration and over emphasis This book includes a biblical index and an appendix dealing with the textual problems surrounding four references to fasting in the New Testament

God's Chosen Fast Arthur Wallis, 1987 *Fasting* Lynne M. Baab, 2009-09-20 You're blessed when you've worked up a good appetite for God Matthew 5:6 The Message We live in hungry times Ours is a consumer culture predisposed to quickly fill the cravings of body and mind The idea of fasting the voluntary denial of something for a specific time for a spiritual purpose sets us immediately on edge But Lynne Baab makes the case that anyone can fast Fasting is an expression of freedom Free from the patterns and habits that mark everyday life from time to time we can move beyond our appetites into meaningful encounter with God In Fasting you'll discover an ancient Christian practice that extends beyond giving up food to any regular activity in our contemporary lives You'll see how taking a break from eating or driving or checking e-mail or watching television opens us up to discover new things about ourselves and God and the world around us You'll see that while not everyone should forgo food anyone can step out of routine to feed the soul In a time of great spiritual hunger God invites us all to a feast fellowship with the Creator of the universe where all our truest needs are identified and attended to

The Daniel Fast (with Bonus Content) Susan Gregory, 2017-12-15 This e-book includes the full text of the book plus an exclusive additional chapter from Susan Gregory that is not found in the print edition What if you could grow closer to God and improve your wellness in just 21 days Susan Gregory The Daniel Fast Blogger has a plan to help you do just that Widely recognized as the expert on this 21-day fast inspired by the book of Daniel Susan has helped thousands of people discover a safe and healthy way to fast The biblical principles you learn from The Daniel Fast will change the way you view food your body and your relationship with the One who created you Join Susan as she shares the secrets to Reclaiming the ancient spiritual discipline of fasting in a safe and healthy way Following the 21-day plan to physical and spiritual health adaptable for a fast of any length Cooking healthy meals using Daniel Fast foods Participating in a group fast with your church family or friends Learning how to hear from God and discover His purpose for your life through prayer Discover an infinitely richer and more abundant life as you embark on the Daniel Fast Includes 21 days worth of clean eating recipes *God's Chosen Fast* Arthur Wallis, 2010 *The Fasting Practice* John Mark Comer, Practicing the Way, 2025-03-25 Learn how the powerful yet neglected spiritual discipline of fasting can awaken your entire being to a deep hunger for God in this guide from New York Times bestselling author John Mark Comer and the team at Practicing the Way In our culture of constant consumption the biblical practice of fasting is both countercultural and transformative This Companion Guide to the Fasting Practice from Practicing the Way offers spiritual exercises reflection questions and guided readings Featuring four engaging video sessions the Fasting Practice is designed to be run with your community and is available online for free This guide will help you

Understand the invitation to fast as a rhythm or a response Offer your whole self to God in surrender Grow in holiness by integrating mind and body Amplify both your prayers to God and God's voice to you Stand in solidarity with the poor and against injustice Discover how incorporating fasting as a way of life can lead to a deeper connection with God a renewed sense of purpose and a more embodied apprenticeship

Fasting: an Exceptional Human Experience Randi

Fredricks,2012-12-20 Fasting An Exceptional Human Experience Since prehistory fasting has been used in various ways as a means of transformation As a spiritual practice it is the oldest and most common form of asceticism and is found in virtually every religion and spiritual tradition In psychology studies have suggested that fasting can alleviate the symptoms of some psychiatric conditions including depression and schizophrenia In medicine fasting is one of the most promising therapies with research suggesting that fasting can cause certain drugs such as chemotherapy to work better while reducing drug side effects Hunger striking sometimes called political fasting may be the most powerful application of fasting Proof of this occurred in 1948 when Gandhis hunger strike caused millions of Hindus and Muslims in India to cease their fighting As a practical guide Randi Fredricks Ph D provides detailed information on the different types of fasting where people fast the physiological process of fasting and the contraindications and criticisms of fasting Using existing literature and original research Dr Fredricks focuses on the transformative characteristics of fasting in the contexts of psychology medicine and spirituality The relationship between fasting and transpersonal psychology is examined with a focus on peak experiences self realization and other exceptional human experiences Dr Fredricks demonstrates how fasting can be profoundly therapeutic create global paradigm shifts and provide personal mystical phenomena

The Decline and Subsequent Resurgence of Fasting in the Church Dawn M. Pondt BA MAE DMin,2009-03-02 There is no available information at this time

If God is in Control, Why Do I Have a Headache? Debbie Williams,2011-09-01 A woman's spiritual struggles can have a profound impact on her health It is through our bodies that we are tempted It is also through our bodies that we serve God Does God care about our physical struggles This six week interactive study examines the stories of biblical women to reveal that God cares deeply about our bodies and our health Each week's lesson will combine a Bible story such as Esther Hannah or the woman with the issue of blood with a health issue such as stress hormones or depression to lead women to greater spiritual and physical health This study emphasizes that what we eat and drink how much sleep we get and how we respond to stress affects our service to God Each week includes studies for five days This study is not intended to diagnose or treat any health condition the reader may have Rather its purpose is to motivate the believer to realize how much God cares about our physical condition and its relation to our spiritual lives

BASICS OF PRAYER Stephen Nielsen,2013-05-10 Prayer is not

only petition it is also something more basic it is soul to soul communication with God And this really must come first before we ask God for anything For this is the heart of prayer Before we expect Him to listen to our requests we must have made contact with His soul by our soul Excerpt This is a book about prayer It is a study of the most basic elements of Christian

prayer The book is written for anyone young or old who wants to deepen his prayer life and his walk with the Lord it is thorough and reflective yet easy to read The book starts off by examining the definition of prayer its nature and meaning Then there is a discussion about praise and how praise is both different from and interdependent of petitionary prayer Three chapters are devoted to intercession and the last four chapters on forgiveness fasting prayer posture and yielding lay out those all important elements that prepare one for prayer

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