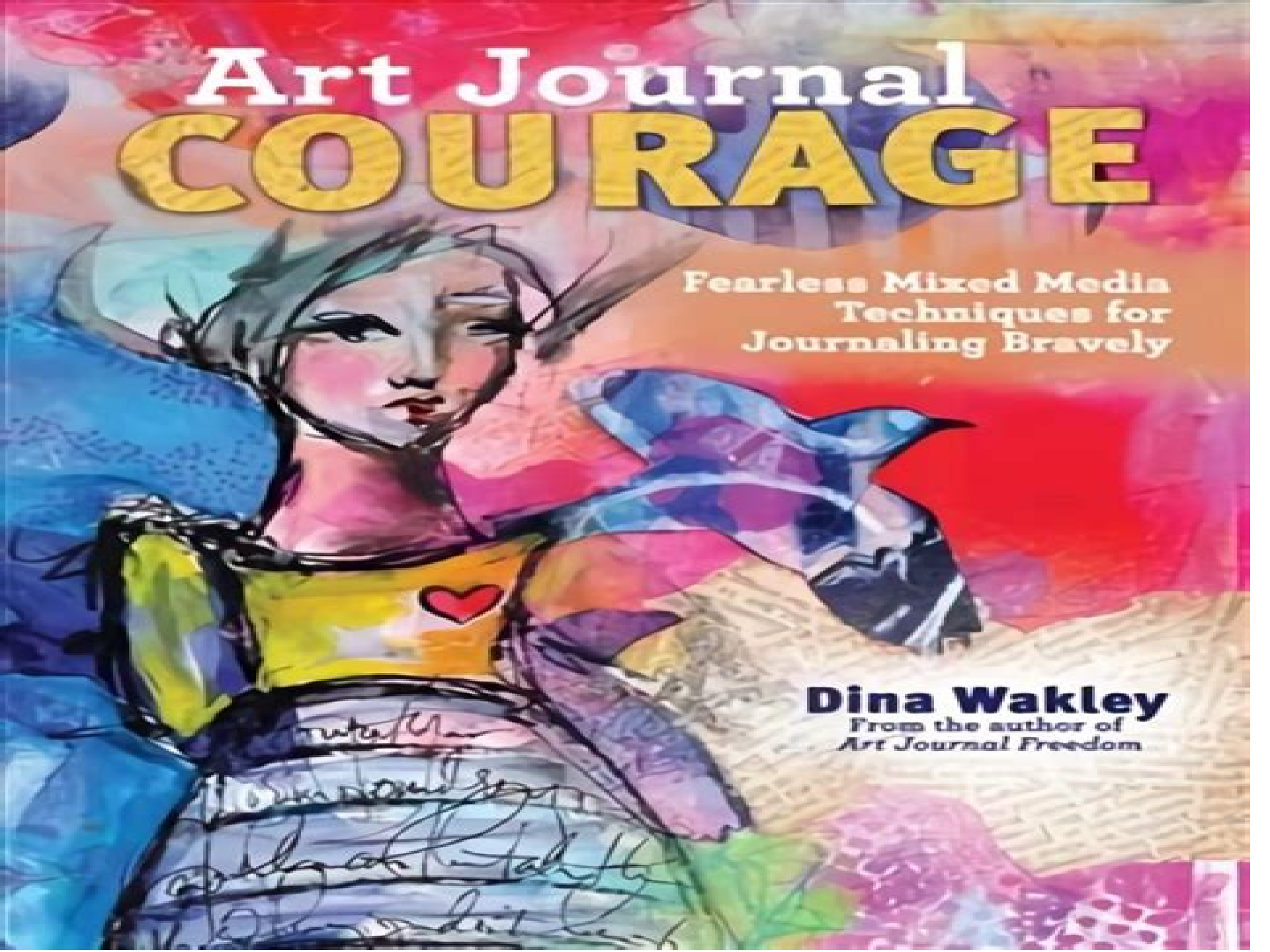


Art Journal **COURAGE**

Fearless Mixed Media
Techniques for
Journaling Bravely

Dina Wakley

From the author of
Art Journal Freedom



Art Journal Courage Fearless Mixed Media Techniques For Journaling Bravely

Nichole Rae



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Creative Wanderlust Kasia Avery, 2023-08-08 Bring your inner artist to life through art journaling and intuitive mixed media In Creative Wanderlust mixed media artist and author Kasia Avery shows you how to set up and begin an art journaling practice and then how to fully enjoy and benefit from it with ideas and tools for moving beyond obstacles such as perfectionism self criticism and finding space and time to create The founder of the Everything Art mixed media online learning platform and the lead teacher of its yearlong mixed media course Wanderlust Kasia knows what artists need having coached thousands of students over the years and listened to their struggles while helping them break through and find joy in art This stunning and informative book includes Comprehensive information on supplies and the fundamentals for getting

started in an art journaling practice Sections focusing on overcoming common creative and personal issues supported by related prompts lessons and projects that incorporate a diverse range of mixed media techniques Insights and inspirational artworks offering a variety of styles and ideas from well known Wanderlust artist teachers including Helen Colebrook Finnabair Amy Maricle and Dyan Reaveley Eight sheets of printed papers to use in your art journaling and collage creations Your creative journey starts here Let Creative Wanderlust be your guide to discovering your unique artistic voice [Brave](#) Kristi Hayes,2017-01-18 Art journals have always been a bit magical to me Taking the time for stillness and putting pen or paint to paper allows for quiet reflection when everything else seems to be moving too quickly I hope this journal inspires you to make time for yourself Time to get quiet and listen to the whispers of your heart Those whispers will slowly grow louder as you commit to hearing them What you ll hear is truth and what you ll discover is you [Art Journal Freedom](#) Dina Wakley,2013-01-14 Art Journal Color Art Journal Composition Art Journal Freedom Color is all around us and we often find ourselves drawn to particular combinations or arrangements But how can you effectively and artistically capture those eye catching compositions in your art journal It s true art journaling has no rules and is a safe place for free expression of your one of a kind life But knowledge is power and knowing the rules of color and composition gives you the freedom to use and break them willfully to create the effects you want Dina shares these principles in a fun and approachable way with dozens upon dozens of unique journal pages to show you just some of the many possibilities Inside You Will Find Lessons and tips about composition and color including dominance and repetition symmetry contrast and the power of black and white 10 step by step technique demonstrations Dozens of color and design tips and page challenges [No Excuses Art Journaling](#) Gina Rossi Armfield,2013-12-02 Kiss those excuses goodbye I don t have time I don t know what to journal about I can t keep the momentum going Sound familiar What are your excuses for not spending time with your art journal Get ready to cast those excuses aside because Gina Rossi Armfield s No Excuses Art Journaling offers a no fail approach to art journaling Using a day planner as your art journal you ll find daily weekly and monthly prompts that you can adapt to fit your real life busy schedule Along the way you ll learn fun and convenient techniques to add sketching watercolor painting collage and more into your journal all while setting goals creating art and chronicling your unique life Inside You ll Find More than 20 mixed media art journaling techniques demonstrated step by step so you can add color style and life ephemera to your journal 6 pages of journaling prompts and tips for every month of the year Dozens of inspirational art journal pages by Gina and 12 guest artists to show how you can make the No Excuses program decidedly yours Grab your journal and pen and kick your excuses to the curb [Art Journal Kickstarter](#) Kristy Conlin,2015-01-14 Kickstart your art journaling journey today With back to back journal pages from more than 100 art journaling enthusiasts you ll embark on an exploration filled with top notch techniques and the kind of journal fodder that your artistic soul has been craving So soak it up and discover the stories behind each artist s personal pages Look inside for creativity at every turn 140 original art journal pages Dozens of journaling prompts

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