

Adventure Sports Academy
ASA SUMMER TOURNAMENT 2024
RULES & REGULATIONS

	U7	U8 & U9	U10	U11	U12	U16
Match Duration	14 minutes	14 minutes	14 minutes	14 minutes	14 minutes	14 minutes
Players per Team	5 players + 3 subs	5 players + 3 subs	5 players + 3 subs	5 players + 3 subs	5 players + 3 subs	5 players + 3 subs
Kick-in OR Throw-in	Kick in	Throw in	Throw in	Throw in	Throw in	Throw in
Corners	Yes	Yes	Yes	Yes	Yes	Yes
Goal kicks - Retreat to halfway	Yes	No	No	No	No	No
Rolling Substitutes	Yes	Yes	Yes	Yes	Yes	Yes
Ball Size	3	3	4	4	4	5
Offside	No	No	No	No	No	No
Yellow and Red Cards	No	No	Yes	Yes	Yes	Yes
Back Pass Rule	Allow 1 chance per game. <i>Continuous offence concedes free kick</i>	Yes	Yes	Yes	Yes	Yes
Score from Kick Off	No	No	No	No	No	No

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AGE GROUP RULES AND MATCH FORMAT:

ADDITIONAL INFORMATION:

- All teams MUST report to the designated pitches 5 MINUTES before kick-off.
- Failure to do so will result in forfeiting the match with a 3-0 loss.
- Players must wear appropriate footwear. Studded boots are not allowed.
- All players must wear shin pads, any player without shin pads will not be permitted to play.
- No jewellery, glasses or watches permitted to be worn during matches for health and safety reasons.
- Any player requiring to wear protective goggles or 'Rec Specs' will be permitted to do so.
- Goalkeepers handling area will be marked out with flat markers.
- A goal keeper picking up a back pass will result in an indirect free kick.
- One additional player must touch the ball before a goal can be scored after kick off.
- Bibs will be provided by ASA staff for goalkeepers if needed.
- Bibs will also be provided in case of a colour clash.
- All players and coaches are to abide by all the laws of the game as set out by FIFA except where modified above.

Asa Rules For National Tournament

Rainer Martens, Julie S. Martens



Asa Rules For National Tournament:

Official ASA Guide and Playing Rules 1991 ,1990 **Official Guide & Rule Book** ,1988 *Fastpitch* Erica Westly,2017-04-04 From its humble beginnings in 1887 when it was invented in a Chicago boat club and played with a broomstick to the rise in the 1940s and 1950s of professional caliber company sponsored teams that toured the country in style softball s history is as diverse as it is fascinating Though it s thought of today as a woman s sport fastpitch softball s early years featured several male stars such as the vaudeville esque Eddie Feigner whose signature move was striking out batters while blindfolded But because softball was one of the only team sports that women were allowed to play competitively it took on added importance for female athletes This book chronicles its history [NAGWS Softball Guide 1991](#) ,

NAGWS Softball Guide National Association for Girls & Women in Sport,1987 **No Girls in the Clubhouse** Marilyn Cohen,2009-04-22 Even though teenaged girl Jackie Mitchell once struck out Babe Ruth and Lou Gehrig women are still striking out on the hardball diamond This book builds on recently published histories of women as amateur and professional players umpires sports commentators and fans to analyze the cultural and historical contexts for excluding females from America s pastime Drawing on anthropological and feminist perspectives the book examines the ways that constructions of women s bodies and normative social roles have pushed them toward softball instead of baseball Sportswriter accounts Title IX sex discrimination suits and interviews with players explore the obstacles and the social isolation of females who join all male baseball teams while also discussing policies that inhibit the practice **Teach'n Baseball & Softball**

Handbook/Guide for Parents & Coaches Bob Swope,2008 This is a practical handbook and guide for parents and coaches that want to help their kids become a better baseball or softball player It has 300 individual pictures illustrations and diagrams to show you what to do It covers all the basics that players will need to become a good baseball or softball player It is complete with history playing field size new parent orientation training games to play strategies stair step training guides equipment used and a glossary of baseball and softball terminology *Complete Guide to Slowpitch Softball* Rainer Martens,Julie S. Martens,2011 A comprehensive and original instructional guide to the unique sport of slowpitch Learn basic to advanced offensive and defensive techniques as well as expert advice on physical and psychological conditioning

Softball Rules in Pictures G. Jacobs McCrory,A. Gertrude Jacobs,1992 Text and illustrations explain the rules of softball in such categories as base running appeal plays and umpires **All Hands** ,1967

Unveiling the Energy of Verbal Beauty: An Emotional Sojourn through **Asa Rules For National Tournament**

In a world inundated with screens and the cacophony of immediate connection, the profound energy and psychological resonance of verbal beauty usually diminish into obscurity, eclipsed by the continuous barrage of sound and distractions. However, situated within the musical pages of **Asa Rules For National Tournament**, a fascinating function of literary splendor that impulses with natural emotions, lies an unique trip waiting to be embarked upon. Written with a virtuoso wordsmith, that exciting opus books visitors on an emotional odyssey, gently exposing the latent potential and profound impact embedded within the intricate web of language. Within the heart-wrenching expanse of this evocative evaluation, we shall embark upon an introspective exploration of the book is key subjects, dissect its interesting publishing style, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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