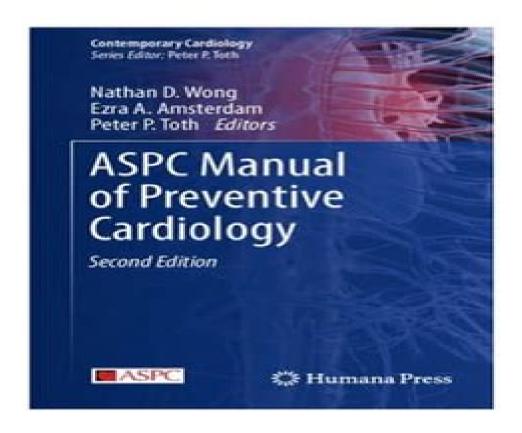
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Ezra Amsterdam,Roger Blumenthal,Nathan Wong

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ASPC Manual of Preventive Cardiology Nathan D. Wong, Ezra A. Amsterdam, Peter P. Toth, 2020-12-21 This second edition provides an updated review on the current guidelines and practice standards for the clinical management of cardiovascular risk factors and prevention of cardiovascular diseases Endorsed by the American Society for Preventive Cardiology this practical textbook includes concise descriptions of major and newer risk factors biomarkers and best practices in the management and prevention of cardiovascular disease The manual contains chapters on the epidemiology and risk factors for a variety of cardiovascular diseases including dyslipidemia hypertension diabetes inflammation and ischemic stroke It examines behavioral factors psychosocial stress family history nutrition physical activity smoking alcohol use and other sociocultural factors In addition the book discusses new imaging strategies in detection of cardiovascular disease prevention of heart failure atrial fibrillation and peripheral arterial disease and prevention for special populations Throughout the manual recommendations are based on guidelines endorsed by the American College of Cardiology American Heart Association and other major societies The second edition of the ASPC Manual of Preventive Cardiology is an essential resource for physicians medical students residents fellows nurses and other healthcare professionals and researchers in cardiology primary care health promotion and disease prevention exercise physiology and pharmacotherapy Manual of Preventive Cardiology Ezra Amsterdam, Roger Blumenthal, Nathan Wong, 2014-10-23 Endorsed by the American Society for Preventive Cardiology this highly practical resource focuses on the application of current guidelines and practice standards in the clinical management of cardiovascular risk factors. The Manual presents concise descriptions of each major cardiovascular risk factor and practical to the point discussions of current best practices in clinical management In addition the Manual includes chapters on peripheral arterial disease stroke smoking contemporary cardiovascular imaging heart failure metabolic syndrome thrombosis nutrition special populations novel risk factors and psychosocial stress Throughout the Manual recommendations are based on the most recent prevention guidelines of the American College of Cardiology and American Heart Association including those on Risk Assessment Lifestyle Recommendations Blood Cholesterol and Obesity as well as the new guidelines on Hypertension Chapter authors are recognized leaders in each area of practice and special efforts have been made by the authors and editors to ensure that the content of all chapters is as up to date as possible Key Features Presents a highly practical focus on the application of current guidelines and practice standards regarding cardiovascular risk factors Recommendations based on the most recent prevention guidelines Authored by recognized leaders in the field Covers all major cardiovascular risk factors key methodologies in risk assessment and special issues regarding specific patient populations ASPC Self-Assessment Program in Preventive Cardiology Nathan D. Wong, Ezra A. Amsterdam, Peter P. Toth, 2024-06-22 This book is a unique comprehensive board review dedicated solely to preventive cardiology This volume is a companion work to the ASPC Manual of Preventive Cardiology The book is comprised of a series

of questions each which addresses a core issue in preventive cardiology Each question is accompanied with a correct answer key as well as a discussion of why the chosen response is correct and the others are incorrect Answers are supported by illustrations and discussion of contemporary literature when applicable The book also provides references for additional study This book contains questions written by many of the original authors who contributed to the ASPC Manual of Preventive Cardiology This book along with the ASPC Manual of Preventive Cardiology accompanies the ASPC Experts Course in Preventive Cardiology The ASPC Self Assessment Program in Preventive Cardiology is a valuable resource for cardiologists and other specialists as well as primary care clinicians including internists family physicians nurse practitioners and physician assistants who seek additional training and expertise in cardiovascular disease prevention Preventive Cardiology Ezra A. Amsterdam, Nathan Wong, Ezra Amsterdam, MD, Roger Blumenthal, MD, FACC, FAHA, 2014-10-23 Endorsed by the American Society for Preventive Cardiology this highly practical resource focuses on the application of current guidelines and practice standards in the clinical management of cardiovascular risk factors The Manual presents concise descriptions of each major cardiovascular risk factor and practical to the point discussions of current best practices in clinical management In addition the Manual includes chapters on peripheral arterial disease stroke smoking contemporary cardiovascular imaging heart failure metabolic syndrome thrombosis nutrition special populations novel risk factors and psychosocial stress Throughout the Manual recommendations are based on the most recent prevention guidelines of the American College of Cardiology and American Heart Association including those on Risk Assessment Lifestyle Recommendations Blood Cholesterol and Obesity as well as the new guidelines on Hypertension Chapter authors are recognized leaders in each area of practice and special efforts have been made by the authors and editors to ensure that the content of all chapters is as up to date as possible Key Features Presents a highly practical focus on the application of current guidelines and practice standards regarding cardiovascular risk factors Recommendations based on the most recent prevention guidelines Authored by recognized leaders in the field Covers all major cardiovascular risk factors key methodologies in risk assessment and special issues regarding specific patient populations Medical-Suraical Nursina Linda Honan, 2023-09-15 Confidently meet the demands of transitioning students into practice ready nurses with Medical Surgical Nursing Focus on Clinical Judgment 3rd Edition Expertly curated by experienced clinician and nursing educator Dr Linda Honan this practical approach distills complex concepts down to need to know details through the perspective of practicing nurses establishing a comprehensive foundation in medical surgical nursing by way of the most commonly encountered conditions and situations Extensive updates throughout this 3rd Edition broaden your students perspectives cultivate their clinical judgment and prepare them for success from the Next Generation NCLEX to the day to day challenges of today s medical surgical nursing practice Primary Care of Adult Women, An Issue of Obstetrics and Gynecology Clinics of North America James N. Woodruff, Anita K. Blanchard, 2016-06-11 Obstetrician Gynecologists are frequently responsible

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