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HOW TO

**control your
anger**

before it controls you

Albert Ellis, PhD
and **Raymond Chip Tafrate,** PhD

With a new foreword by **Raymond A. DiGiuseppe,** PhD

Anger A Novel

JS Bruner



Anger A Novel:

Whispering the Techniques of Language: An Psychological Journey through **Anger A Novel**

In a digitally-driven earth where screens reign great and instant communication drowns out the subtleties of language, the profound secrets and mental nuances hidden within words usually go unheard. Yet, nestled within the pages of **Anger A Novel** a interesting literary treasure pulsating with organic emotions, lies an exceptional journey waiting to be undertaken. Composed by an experienced wordsmith, this enchanting opus invites viewers on an introspective trip, softly unraveling the veiled truths and profound impact resonating within the material of each and every word. Within the psychological depths with this moving review, we shall embark upon a genuine exploration of the book is primary subjects, dissect its interesting writing fashion, and fail to the strong resonance it evokes serious within the recesses of readers hearts.

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