

Adolescent Psychotherapy

HOMework PLANNER

This timesaving resource features:

- Contains 163 ready-to-copy homework assignments that can be used to facilitate therapy with adolescents and their families.
- Homework assignments and exercises are keyed to the 41 behaviorally based Presenting Problems from *The Adolescent Psychotherapy Treatment Planner, Sixth Edition*.
- Each Presenting Problem is linked to an average of 3 or more homework assignments that are created expressly for the problem being addressed.
- Homework extends the treatment beyond the therapy session and facilitates client and family involvement in the change process.

ARTHUR E. JONGSMA, JR., L. MARK PETERSON, WILLIAM P. MCINNIS,
TIMOTHY J. BRUCE



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G Psacharopoulos



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Adolescent Psychotherapy Homework Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2023-09-08 Evidence based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of *The Adolescent Psychotherapy Homework Planner* a team of distinguished practitioners delivers a time saving and hands on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems The Homework Planner addresses common and less common disorders including anxiety depression substance use eating and panic allowing the client to work between sessions on issues that are the focus of therapy This book provides evidence based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of *The Adolescent Psychotherapy Treatment Planner* They are easily photocopied and a digital version is provided online for the therapist who would prefer to access them with a word processor The Homework Planner also offers Cross referenced lists of suggested presenting problems for which each assignment may be appropriate beyond its primary designation Several brand new assignments as well as adapted assignments that have been shortened or modified to make them more adolescent client friendly Homework assignments for the parents of adolescents in treatment assignments for the adolescents themselves and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents *The Adolescent Psychotherapy Homework Planner Sixth Edition* will benefit social workers psychologists psychiatrists and other clinicians seeking efficient and effective homework tools for their clients

Adolescent Psychotherapy Homework Planner. Practice Planners L. Mark Peterson, William P. McInnis, 2006

Adolescent Psychotherapy Homework Planner David J. Berghuis, L. Mark Peterson, William P. McInnis, 2014-03-12 New and updated assignments and exercises to meet the changing needs of mental health professionals *The Adolescent Psychotherapy Homework Planner Fifth Edition* provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 146 ready to copy exercises covering the most common issues encountered by adolescent clients including such problems as blended families substance use and eating disorders A quick reference format the interactive assignments are grouped by behavioral problems including academic underachievement anger control problems depression social anxiety and sexual abuse Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to *The Adolescent Psychotherapy Treatment Planner Fifth Edition* so you can quickly identify the right exercises for a given situation or problem A download code contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs

Adolescent Psychotherapy Homework Planner II David J. Berghuis, L. Mark Peterson, William P. McInnis, 2004-04-26 Help your adolescent clients develop the skills they need to work through their problems *The Adolescent Psychotherapy Homework Planner II* provides you with an array of ready to use between session

assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 72 ready to copy exercises covering the most common issues encountered by adolescent clients A quick reference format the interactive assignments are grouped by behavioral problem such as anger management blended family conflicts low self esteem chemical dependence eating disorders sexual acting out adoption issues and more Assignments that are cross referenced to The Adolescent Psychotherapy Treatment Planner Third Edition so you can quickly identify the right exercise for a given situation or behavioral problem A CD ROM that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs Adolescent Psychotherapy Homework Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2024-01-11 Evidence based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner a team of distinguished practitioners delivers a time saving and hands on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems The Homework Planner addresses common and less common disorders including anxiety depression substance use eating and panic allowing the client to work between sessions on issues that are the focus of therapy This book provides evidence based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent Psychotherapy Treatment Planner They are easily photocopied and a digital version is provided online for the therapist who would prefer to access them with a word processor The Homework Planner also offers Cross referenced lists of suggested presenting problems for which each assignment may be appropriate beyond its primary designation Several brand new assignments as well as adapted assignments that have been shortened or modified to make them more adolescent client friendly Homework assignments for the parents of adolescents in treatment assignments for the adolescents themselves and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents The Adolescent Psychotherapy Homework Planner Sixth Edition will benefit social workers psychologists psychiatrists and other clinicians seeking efficient and effective homework tools for their clients *The Adolescent Psychotherapy Progress Notes Planner* David J. Berghuis, L. Mark Peterson, William P. McInnis, Arthur E. Jongsma, Jr., 2014-03-17 Save hours of time consuming paperwork with the bestselling therapist s resource The Adolescent Psychotherapy Progress Notes Planner Fifth Edition contains more than 1 000 complete prewritten session and patient descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner Fifth Edition The prewritten notes can be easily and quickly adapted to fit a particular client need or treatment situation The Fifth Edition Provides an array of treatment approaches that correspond with the behavioral problems and new DSM 5 diagnostic categories in the corresponding companion Treatment Planner Organizes treatment for over 30 main presenting problems including conduct disorder chemical dependence low self esteem suicidal ideation ADHD sexual acting out and eating disorders Provides over 1

000 prewritten progress notes summarizing patient presentation and treatment delivered Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including The Joint Commission COA CARF and NCQA Saves clinicians hours of time consuming paperwork yet offers the freedom to develop customized progress notes Presents new and update information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA *Brief Adolescent* Arthur E. Jongsma, Jr.,2001-09-05 Focusing on adolescents from age 12 18 this easy to use sourcebook provides pre written psychotherapy homework assignments The 52 field tested exercises are grouped by skill set The book includes ready to copy blank exercises instructions on when and how to use the assignments and a floppy disk that contains word processing versions of every assignment in the book **The Adolescent**

Psychotherapy Progress Notes Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,Arthur E. Jongsma, Jr.,2011-02-10 As with the previous edition The Adolescent Psychotherapy Progress Notes Planner Third Edition helps mental health practitioners reduce the amount of time spent on paperwork by providing a full menu of pre written progress notes that can be easily and quickly adapted to fit a particular patient need or treatment situation **The Adolescent**

Psychotherapy Treatment Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,2010-06-15 The Adolescent Psychotherapy Treatment Planner Fourth Edition provides treatment planning guidelines and an array of pre written treatment plan components for behavioral and psychological problems including anger management blended family conflicts low self esteem chemical dependence eating disorders and sexual acting out Clinicians with adolescent clients will find this up to date revision an invaluable resource *Brief Adolescent Therapy Homework Planner - T*f Arthur E. Jongsma, Jr.,2001-10 Focusing on adolescents from age 12 18 this easy to use sourcebook provides pre written psychotherapy homework assignments The 52 field tested exercises are grouped by skill set The book includes ready to copy blank exercises instructions on when and how to use the assignments and a floppy disk that contains word processing versions of every assignment in the book

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