

ANATOMY AND PHYSIOLOGY

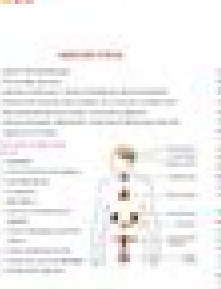
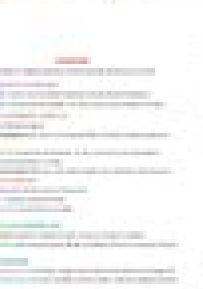
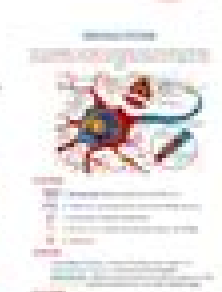
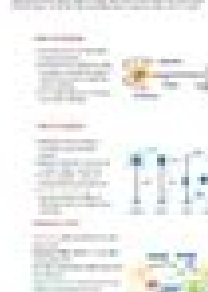
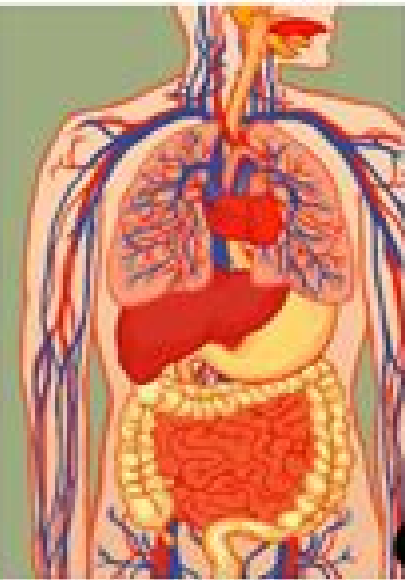
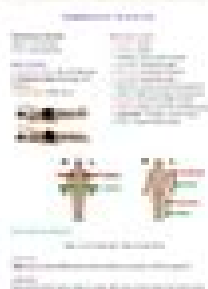
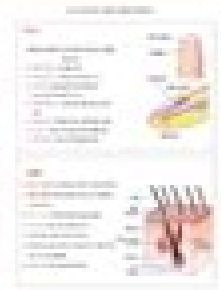
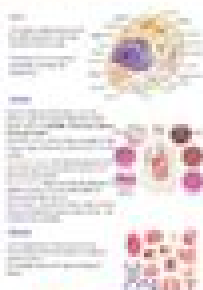
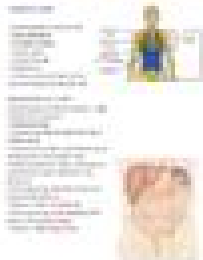
23 PAGES GUIDE

Visual learner Notes

System	Structure	Function
Integumentary	Skin	Protects the body from external damage and infection.
	Hair	Helps regulate body temperature.
	Nails	Protects the tips of the fingers and toes.
	Sweat glands	Helps regulate body temperature.
Skeletal	Bones	Support the body and protect internal organs.
	Joints	Allow movement of the body.
	Muscles	Move the body.
	Ligaments	Connect bones to bones.

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Anatomy Study Guide Personal Trainer

**Linda Swisher, Kevin T. Patton, Gary A.
Thibodeau**



Anatomy Study Guide Personal Trainer:

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In a digitally-driven earth wherever monitors reign supreme and immediate interaction drowns out the subtleties of language, the profound strategies and emotional subtleties hidden within phrases frequently move unheard. Yet, nestled within the pages of **Anatomy Study Guide Personal Trainer** a fascinating literary value pulsing with natural emotions, lies an extraordinary quest waiting to be undertaken. Written by a skilled wordsmith, that marvelous opus invites viewers on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within the material of each and every word. Within the mental depths with this moving review, we can embark upon a honest exploration of the book is primary themes, dissect their interesting writing design, and fail to the strong resonance it evokes deep within the recesses of readers hearts.

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