

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure of the human body and its parts.

Physiology

The study of the function of the human body and its parts.

Structural levels

Studying the human body at the cellular, tissue, organ, and system levels.

- 1. **Cellular level** - study of the structure and function of cells.
- 2. **Tissue level** - study of the structure and function of tissues.
- 3. **Organ level** - study of the structure and function of organs.
- 4. **System level** - study of the structure and function of systems.
- 5. **Whole body level** - study of the structure and function of the whole body.

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body.



Organization of cellular levels

Cells are organized into tissues, organs, and systems.

1. **Cellular level** - study of the structure and function of cells.

2. **Tissue level** - study of the structure and function of tissues.

3. **Organ level** - study of the structure and function of organs.

4. **System level** - study of the structure and function of systems.

5. **Whole body level** - study of the structure and function of the whole body.



The **Epithelium** is the outermost layer of cells that covers the body.

1. **Epithelial cells** - cells that cover the body.

2. **Connective tissue** - tissue that connects the body.

3. **Muscle tissue** - tissue that contracts the body.

4. **Nervous tissue** - tissue that transmits signals.

5. **Epithelial tissue** - tissue that covers the body.

ORGANS

Organs are structures made up of different types of tissues.

1. **Heart** - pumps blood throughout the body.

2. **Lungs** - exchange gases between the body and the environment.

3. **Stomach** - digests food and absorbs nutrients.

4. **Intestines** - absorb nutrients and eliminate waste.

5. **Kidneys** - filter blood and remove waste.

6. **Bladder** - stores urine.

7. **Uterus** - carries and nurtures the developing fetus.

8. **Vagina** - canal for childbirth and menstruation.

9. **Penis** - organ for sexual intercourse.

10. **Testes** - produce sperm and testosterone.

11. **Prostate** - gland that produces prostatic fluid.

12. **Seminal vesicle** - gland that produces seminal fluid.

13. **Utricle** - gland that produces uterine fluid.

14. **Vas deferens** - tube that carries sperm.

15. **Epididymis** - structure that stores and transports sperm.

16. **Scrotum** - sac that contains the testes.

17. **Penis** - organ for sexual intercourse.

18. **Urethra** - tube that carries urine.

19. **Bladder** - organ that stores urine.

20. **Utricle** - gland that produces uterine fluid.

21. **Vas deferens** - tube that carries sperm.

22. **Epididymis** - structure that stores and transports sperm.

23. **Scrotum** - sac that contains the testes.

24. **Penis** - organ for sexual intercourse.

25. **Urethra** - tube that carries urine.

26. **Bladder** - organ that stores urine.

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31. **Penis** - organ for sexual intercourse.

32. **Urethra** - tube that carries urine.

33. **Bladder** - organ that stores urine.

34. **Utricle** - gland that produces uterine fluid.

35. **Vas deferens** - tube that carries sperm.

36. **Epididymis** - structure that stores and transports sperm.

37. **Scrotum** - sac that contains the testes.

38. **Penis** - organ for sexual intercourse.

39. **Urethra** - tube that carries urine.

40. **Bladder** - organ that stores urine.

41. **Utricle** - gland that produces uterine fluid.

42. **Vas deferens** - tube that carries sperm.

43. **Epididymis** - structure that stores and transports sperm.

44. **Scrotum** - sac that contains the testes.

45. **Penis** - organ for sexual intercourse.

46. **Urethra** - tube that carries urine.

47. **Bladder** - organ that stores urine.

48. **Utricle** - gland that produces uterine fluid.

49. **Vas deferens** - tube that carries sperm.

50. **Epididymis** - structure that stores and transports sperm.

SYSTEMS

Systems are groups of organs that work together to perform a function.

1. **Cardiovascular system** - pumps blood throughout the body.

2. **Respiratory system** - exchanges gases between the body and the environment.

3. **Digestive system** - digests food and absorbs nutrients.

4. **Excretory system** - removes waste from the body.

5. **Reproductive system** - produces offspring.

6. **Immune system** - defends the body against disease.

7. **Nervous system** - controls the body's responses.

8. **Endocrine system** - produces hormones.

9. **Musculoskeletal system** - moves the body.

10. **Skin system** - protects the body from the environment.

11. **Thermoregulatory system** - maintains body temperature.

12. **Osmoregulatory system** - maintains body fluid balance.

13. **Acid-base balance system** - maintains blood pH.

14. **Electrolyte balance system** - maintains electrolyte levels.

15. **Glucose balance system** - maintains blood glucose levels.

16. **Calcium balance system** - maintains blood calcium levels.

17. **Iron balance system** - maintains blood iron levels.

18. **Copper balance system** - maintains blood copper levels.

19. **Zinc balance system** - maintains blood zinc levels.

20. **Selenium balance system** - maintains blood selenium levels.

21. **Magnesium balance system** - maintains blood magnesium levels.

22. **Phosphorus balance system** - maintains blood phosphorus levels.

23. **Potassium balance system** - maintains blood potassium levels.

24. **Sodium balance system** - maintains blood sodium levels.

25. **Chloride balance system** - maintains blood chloride levels.

26. **Bicarbonate balance system** - maintains blood bicarbonate levels.

27. **Ammonia balance system** - maintains blood ammonia levels.

28. **Urea balance system** - maintains blood urea levels.

29. **Creatinine balance system** - maintains blood creatinine levels.

30. **Glucose balance system** - maintains blood glucose levels.

31. **Insulin balance system** - maintains blood insulin levels.

32. **Glucagon balance system** - maintains blood glucagon levels.

33. **Adrenaline balance system** - maintains blood adrenaline levels.

34. **Cortisol balance system** - maintains blood cortisol levels.

35. **Testosterone balance system** - maintains blood testosterone levels.

36. **Estrogen balance system** - maintains blood estrogen levels.

37. **Progesterone balance system** - maintains blood progesterone levels.

38. **Luteal phase balance system** - maintains blood luteal phase levels.

39. **Follicular phase balance system** - maintains blood follicular phase levels.

40. **Menstrual phase balance system** - maintains blood menstrual phase levels.

41. **Postmenstrual phase balance system** - maintains blood postmenstrual phase levels.

42. **Premenstrual phase balance system** - maintains blood premenstrual phase levels.

43. **Menopausal phase balance system** - maintains blood menopausal phase levels.

44. **Postmenopausal phase balance system** - maintains blood postmenopausal phase levels.

45. **Perimenopausal phase balance system** - maintains blood perimenopausal phase levels.

46. **Menarche balance system** - maintains blood menarche levels.

47. **Menopause balance system** - maintains blood menopause levels.

48. **Postmenopause balance system** - maintains blood postmenopause levels.

49. **Premenopause balance system** - maintains blood premenopause levels.

50. **Menstrual cycle balance system** - maintains blood menstrual cycle levels.

NERVOUS SYSTEM

Neurons

Neurons are the basic units of the nervous system.

1. **Cell body** - contains the nucleus and organelles.

2. **Dendrites** - receive signals from other neurons.

3. **Axon** - carries signals away from the cell body.

4. **Myelin sheath** - insulates the axon.

5. **Synapse** - junction between two neurons.

6. **Terminal button** - releases neurotransmitters.

7. **Receptor** - receives signals from other neurons.

8. **Effector** - carries out the response.

9. **Feedback loop** - maintains balance.

10. **Homeostasis** - maintains internal balance.

11. **Stimulus** - triggers a response.

12. **Response** - the body's reaction to a stimulus.

13. **Adaptation** - change in response to a stimulus.

14. **Acclimation** - short-term adaptation to a stimulus.

15. **Evolution** - long-term adaptation to a stimulus.

16. **Survival** - the ability to live and reproduce.

17. **Reproduction** - the ability to produce offspring.

18. **Growth** - increase in size and complexity.

19. **Development** - change in form and function.

20. **Maturation** - reaching full development.

21. **Senescence** - aging and decline.

22. **Mortality** - death.

CELLS OF NEURONS

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ORGAN SYSTEMS OF THE BODY

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