## **ELBOW ANATOMY**









### **MAJOR DEEP MUSCLES AND TENDONS**





The Ellione is a complex hinge type of Symposius joint formed between the distall and of the Humanus and the proximal ends of the Ultra and Rediver in the Pronounce which allows extension and fluxion in relation to the upper arm. and rotation of the loveants. The major muscles of the Elbourage the Street. Brechil, who's action is to her the Ellione and accinate the Forestern. The Trickers Seasons the main entersor of the Ethore, The Brachlorediatic, who's action is to fice the Elbow and sid pronotion and sugmetion. The Propostor Tones, who's action is to aid flexion and promite the Formarin, The Extension Const. Redistry Browle, who's action is to extend the Winlet and aid extension of the Ellister. As with all auropole spring a amough, low friction laws of Arthuralist Cartillage covers the ends of the bones providing a lubricated surface. for articulation and facilitating the transportation of leads. The Diseas is inherently a enable toint aupported by the Ulner Collaboral Ligament, the **Redail Colleteral Liquisiant and the** Annalist Ligarisant.

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