

# Adult CPR and AED Skills Testing Checklist



Student Name \_\_\_\_\_

Date of Test \_\_\_\_\_

Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

## Assessment and Activation

- ☐ Checks responsiveness    ☐ Shouts for help/Sends someone to phone 9-1-1 and get an AED    ☐ Checks breathing

Once student shouts for help, instructor says, "Here's the barrier device. I am going to phone 9-1-1 and get the AED."

## Cycle 1 of CPR (30:2) *\*CPR feedback devices preferred for accuracy*

### Adult Compressions

- ☐ Performs high-quality compressions:
- Hand placement on lower half of breastbone
  - 30 compressions in no less than 15 and no more than 18 seconds
  - Compresses at least 2 inches (5 cm)
  - Complete recoil after each compression

### Adult Breaths

- ☐ Gives 2 breaths with a barrier device:
- Each breath given over 1 second
  - Visible chest rise with each breath
  - Gives 2 breaths in less than 10 seconds

## Cycle 2 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

- ☐ Gives 30 high-quality compressions    ☐ Gives 2 effective breaths

Instructor says, "Here is the AED."

## AED (follows prompts of AED)

- ☐ Powers on AED    ☐ Correctly attaches pads    ☐ Clears for analysis    ☐ Clears to safely deliver a shock  
☐ Presses button to deliver shock    ☐ Student immediately resumes compressions

AED trainer says, "The shock has been delivered."

## Cycle 3 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

- ☐ Gives 30 high-quality compressions    ☐ Gives 2 effective breaths

## STOP TEST

### Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

**Test Results** Check **PASS** or **NR** to indicate pass or needs remediation:

**PASS** ☐ **NR** ☐

Instructor Initials \_\_\_\_\_ Instructor Number \_\_\_\_\_ Date \_\_\_\_\_

# Aha Skill Check Sheets

**Anne G. Perry, Patricia A.  
Potter, Wendy R. Ostendorf**



## Aha Skill Check Sheets:

Clinical Nursing Skills and Techniques - E-Book Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2017-01-16 NEW Clinical Debriefs are case based review questions at the end of each chapter that focus on issues such as managing conflict care prioritization patient safety and decision making NEW Streamlined theory content in each chapter features a quick easy to read bullet format to help reduce repetition and emphasize the clinical focus of the book NEW Sample documentation for every skill often includes notes by exception in the SBAR format NEW SI units and using generic drug names are used throughout the text to ensure content is appropriate for Canadian nurses as well *Self Instructional Workbook* S. Katz, J. David Bergeron, ELLING, 1997-07 Emergency Care and Transportation of the Sick and Injured American Academy of Orthopaedic Surgeons, 1992 **Implementing an Early Defibrillation Program**, 1992 *Focus on Federal Employee Health and Assistance Programs*, 1994 First Responder Brent Q. Hafen, Karren, 1997-08 ATD's Handbook for Talent Development and Training in Healthcare Jacqueline Burandt, Gregory Rider, Niranjani Chidamber Papavaritis, 2021-11-16 Your Guide for Success in Talent Development and Healthcare Within every corner of a healthcare system reside talent development and training initiatives and thus the need for talent development TD professionals and expertise The ATD Talent Development and Training in Healthcare Handbook addresses the many opportunities and complex TD professionals face in the growing and rapidly changing healthcare space Effective talent development is the thread that weaves through an entire healthcare organization to ensure it is up to standard with latest practices in treating patients while providing a safe and engaging environment for staff Whether you are new to the field a clinician new TD or a seasoned TD professional in need of solutions and best practices you can turn to this evergreen resource whenever you need tried and true advice TD professionals have the unique role of tying together organizational and employee advancement in healthcare systems and likewise this handbook dives into areas for both business and professional evolution It covers six key themes across 26 chapters Learning and Development Basics Organizational Development Employee Development Business Acumen for the Health System Digital Transformation and Literacy Patient Centric Care Written by 25 fellow healthcare practitioners with extensive experience in the field from nurses physicians and administrators to instructional designers chief learning officers technology experts and leaders across the industry this book will help you maximize the impact of your work and improve your abilities to deliver the best care possible to your patients **Automated Defibrillation for Professional and Lay Rescuers** Jeffrey W. Myers, 1999 This brief easy to understand manual is ideal for teaching both professional volunteer and paid and lay rescuers such as public safety personnel participating in a CPR Defibrillation program how to use AEDs It provides a solid framework for basic AED concepts then refers the reader to other references for additional information To fully integrate the AED into patient management the rescuer must know the basics of operating the AED plus understanding the anatomy and physiology of the cardiovascular system the signs and symptoms of cardiovascular disorders and

assessment and treatment of these disorders ECG EKG cardiac function AED defibrillation EMS nursing dysrhythmias arrhythmias cardiovascular disorders      *Concept-Based Clinical Nursing Skills - E-Book* Loren Nell Melton Stein, Connie J. Hollen, 2023-02-27 Selected for Doody's Core Titles 2024 in Fundamentals Concept Based Clinical Nursing Skills Fundamental to Advanced Competencies 2nd Edition covers more than 250 nursing skills in an innovative concept based format Unlike any other text Stein and Hollen incorporate an overarching framework of seven critical concepts accuracy person centered care infection control safety communication evaluation and health maintenance to drive home the importance of these key themes in performing nursing skills and developing nursing competencies Every chapter includes a detailed case study with a concept map to help you apply your knowledge to clinical situations involving nursing skills The nursing process is seamlessly integrated within the skills and Next Generation NCLEX question types strengthen your critical thinking and clinical judgment skills This fully referenced text identifies and applies credible researched based knowledge that comprises the knowledge for nursing practice      A Training Manual in Appropriate Community Technology ,1982

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