

Curtis Aikens'
GUIDE TO THE
HARVEST



A PRODUCE LOVER'S HANDBOOK

Aikens Curtis Guide Harvest

M Mosston



Aikens Curtis Guide Harvest:

Curtis Aikens' Guide to the Harvest Curtis G. Aikens, 2002 This handy companion from The Food Network chef Curtis Aikens will help you select and prepare fresh fruits and vegetables of all types both everyday and exotic Featuring over 150 tasty recipes appealing to both the novice and accomplished cook this volume is arranged by type of produce fruits vegetables nuts and herbs and offers detailed information on seasonal quality grading varieties value regional sources and storage It features lots of helpful tips and anecdotes from the author who worked as a food stylist and Del Monte company spokesperson and makes regular appearances on ABC TV's Home Entertainment Tonight Good Morning America and Live with Regis and Kelly *Today's Kitchen Cookbook* Meredith Books, 2005 Presents a collection of recipes from a variety of chefs and celebrities along with the hosts of the Today Show **Black Caucus of ALA Newsletter**, 1994 A *Greengrocer's Guide to the Harvest* Curtis G. Aikens, 1991 Tips for selecting storing and serving fresh fruits and vegetables Plus 100 delicious recipes Cover **The Jemima Code** Toni Tipton-Martin, 2022-07-01 Winner James Beard Foundation Book Award 2016 Art of Eating Prize 2015 BCALA Outstanding Contribution to Publishing Citation Black Caucus of the American Library Association 2016 Women of African descent have contributed to America's food culture for centuries but their rich and varied involvement is still overshadowed by the demeaning stereotype of an illiterate Aunt Jemima who cooked mostly by natural instinct To discover the true role of black women in the creation of American and especially southern cuisine Toni Tipton Martin has spent years amassing one of the world's largest private collections of cookbooks published by African American authors looking for evidence of their impact on American food families and communities and for ways we might use that knowledge to inspire community wellness of every kind The Jemima Code presents more than 150 black cookbooks that range from a rare 1827 house servant's manual the first book published by an African American in the trade to modern classics by authors such as Edna Lewis and Vertamae Grosvenor The books are arranged chronologically and illustrated with photos of their covers many also display selected interior pages including recipes Tipton Martin provides notes on the authors and their contributions and the significance of each book while her chapter introductions summarize the cultural history reflected in the books that follow These cookbooks offer firsthand evidence that African Americans cooked creative masterpieces from meager provisions educated young chefs operated food businesses and nourished the African American community through the long struggle for human rights The Jemima Code transforms America's most maligned kitchen servant into an inspirational and powerful model of culinary wisdom and cultural authority *Jeff Herman's Guide to Book Publishers, Editors & Literary Agents* Jeff Herman, 2003 A guide to the names and specialties of American and Canadian publishers editors and literary agents includes information on the acquisition process and on choosing literary agents **American Bookseller**, 1992 **The Cumulative Book Index**, 1995 A world list of books in the English language **Forthcoming Books** Rose Army, 2002 *American Book Publishing Record*, 2002

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