



AIKI COMBAT JUJITS 3RD BROWN BELT MANUAL

LEANN RATHBONE

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Aiki Combat Jujits 3rd Brown Belt Manual:

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Combat Jujitsu In this manual Calvin Metz along with his students teaches you his system of Aiki Combat Jujitsu With 40 years in the martial arts he has studied Hapkido and Diato Ryu Aiki Jujitsu under Sensei Sterling Dyson He has blended these styles with many others to make one of the most effective systems of self defense This manual goes over the requirements for 1st Brown Belt in Aiki Combat Jujits this manual is designed to add the student while they are learning our system not teach it to them This book goes hand in hand with the DVD There are no pictures but a complete description of all the requirements that are needed for this belt including katas and drills For more information about Calvin Metz visit [www DomoAji com](http://www.DomoAji.com)

Tracy's Kenpo Karate Leann Rathbone,2015-02-23 This manual will go over the Tracy s Kenpo 3rd Brown Belt This manual will give step by step instruction for all 30 self defense techniques The Manual has dozen of colored pictures with step by step instructions on how to do each technique The author of this manual is LeAnn Rathbone who has over 25 years in the martial arts and holds a 4th degree Black Belt in White Tiger Kenpo Jujits 1st Black in Tracy s Kenpo Karate and a Black Belt in Aiki Combat Jujitsu LeAnn s Instructor Shihan Jim Rathbone has over 50 years in the Martial Arts is the Founder of White Tiger Kenpo Jujits as well as holding a 2nd Degree Black Belt in Tracy s Kenpo Karate under Al Tracy A 3rd Degree Black Belt in Aiki Combat Jujitsu and a Black Belt in Japanese Goju Ryu under Hanshi Lou Angel Hanshi Angel was Jeff Speakman s first instructor and sat on the promotion board of Parker s American Kenpo Karate Association For more martial arts information visit our website [WWW DomoAji Com](http://WWW.DomoAji.Com) **Black Belt** ,1996-06 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world Tracy Kenpo Youth 3rd Brown Belt L. M. Rathbone,2017-05-23 This manual will go over

the Tracy s Kenpo youth 3rd Brown Belt This manual will give step by step instruction for all the required self defense techniques The Manual has dozen of colored pictures with step by step instructions on how to do each technique The author of this manual is LeAnn Rathbone who has over 25 years in the martial arts and holds a 4th degree Black Belt in White Tiger Kenpo Jujits 1st Black in Tracy s Kenpo Karate and a Black Belt in Aiki Combat Jujitsu LeAnn s Instructor Shihan Jim Rathbone has over 50 years in the Martial Arts is the Founder of White Tiger Kenpo Jujits as well as holding a 2nd Degree Black Belt in Tracy s Kenpo Karate under Al Tracy A 3rd Degree Black Belt in Aiki Combat Jujitsu and a Black Belt in Japanese Goju Ryu under Hanshi Lou Angel Hanshi Angel was Jeff Speakman s first instructor and sat on the promotion board of Parker s American Kenpo Karate Association For more martial arts information visit our website [WWW DomoAji Com](http://WWW.DomoAji.Com) **Black Belt** ,1973-01 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books

and videos including many about the works of Bruce Lee the best known martial arts figure in the world

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