

Muscular System Part 1

Muscle Types

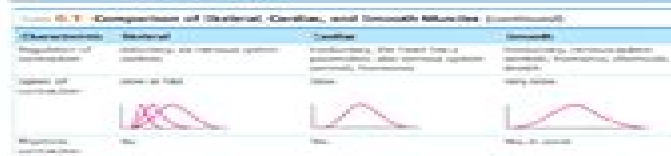
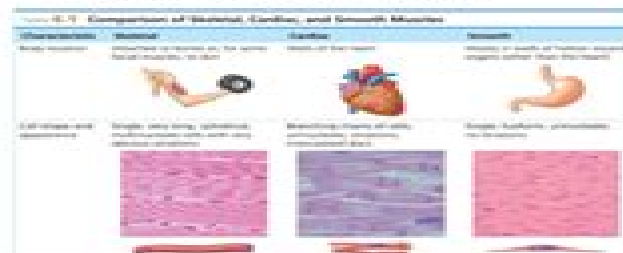
- Muscles are responsible for all types of body movement
- Three basic muscle types are found in the body
 1. **Skeletal muscle**
 2. **Cardiac muscle**
 3. **Smooth muscle**

Skeletal and smooth muscle cells are elongated (muscle cell = muscle fiber)

- Contraction and shortening of muscles are due to the movement of microfilaments

All muscles share some terminology

- Prefixes **myo-** and **mys-** refer to "muscle"
- Prefix **sarco-** refers to "flesh"

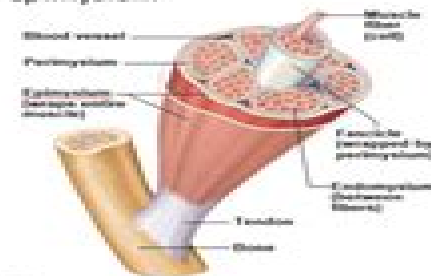


Skeletal muscle

- Most skeletal muscle fibers are attached by tendons to bones
- Skeletal muscle cells are large, cigar-shaped, and multinucleate
- Also known as **striated muscle** because of its obvious stripes
- Also known as **voluntary muscle** because it is the only muscle tissue subject to conscious control

Skeletal muscle cells are surrounded and bundled by connective tissue

- **Endomysium**—encloses a single muscle fiber
- **Perimysium**—wraps around a fascicle (bundle) of muscle fibers
- **Epimysium**—covers the entire skeletal muscle
- **Fascia**—on the outside of the epimysium



The epimysium of skeletal muscle blends into a connective tissue attachment

- **Tendons**—cordlike structures
 - o Mostly collagen fibers
 - o Often cross a joint because of their toughness and small size
- **Aponeuroses**—sheetlike structures
 - o Attach muscles indirectly to bones, cartilages, or connective tissue coverings

Anatomy And Physiology Chapter 6 Muscular System 95

E Durkheim



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Study Guide for Anatomy & Physiology - E-Book Linda Swisher, Kevin T. Patton, Gary A. Thibodeau, 2012-05-04 Each chapter will be updated to include revised content in the core textbook Addition of new Case Studies for each chapter ,

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Essentials of Anatomy and Physiology Valerie C. Scanlon, Tina Sanders, 1999 Simple straightforward presentation by body system of subject matter Beautifully rendered illustrations most in full color that work with the text to promote understanding of the subject matter Coverage of pathophysiologic and clinical topics in sidebar feature style Expanded art program with color photos and clearly drawn and labeled illustrations nearly all in full color created expressly for this text New section on age related changes to each body system added to the end of chapters Each chapter includes an outline student objectives and terminology list with phonetic pronunciations New terms are in boldface with full definition and pronunciation in the extensive glossary Chapters contain review outlines that are followed by study questions

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Anatomy and Physiology for Nursing and Health Professionals Bruce J. Colbert, Jeff Ankney, Martin Steggall, Karen T. Lee, Maria Dingle, 2009 This is the first Anatomy and Physiology A together the text and website will take you on an exciting and interactive journey through the structure and functions of the human body Aimed specifically at students and those returning to nursing this book should dispel any fears It informs the reader of the key facts but the authors are mindful not to overwhelm their readers nor to over burden with detail It is an ideal book to have close by for anyone studying nursing Recommended Karen Smyth Nursing Student University of Ulster THES Feb 2010 At last a good text adapted for the UK market Having listened to the pronunciation guide I am happy now to recommend this text Good points case studies linked to UK practice I like the combination approach the study skills advice the targetting of learning theory to learning A P including adrenaline with epinephrine in brackets interspersing calculations as exercises good test activities good reading for intro to A P ch 2 good references eg ch3 good reference to child infant for burn estimation good

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