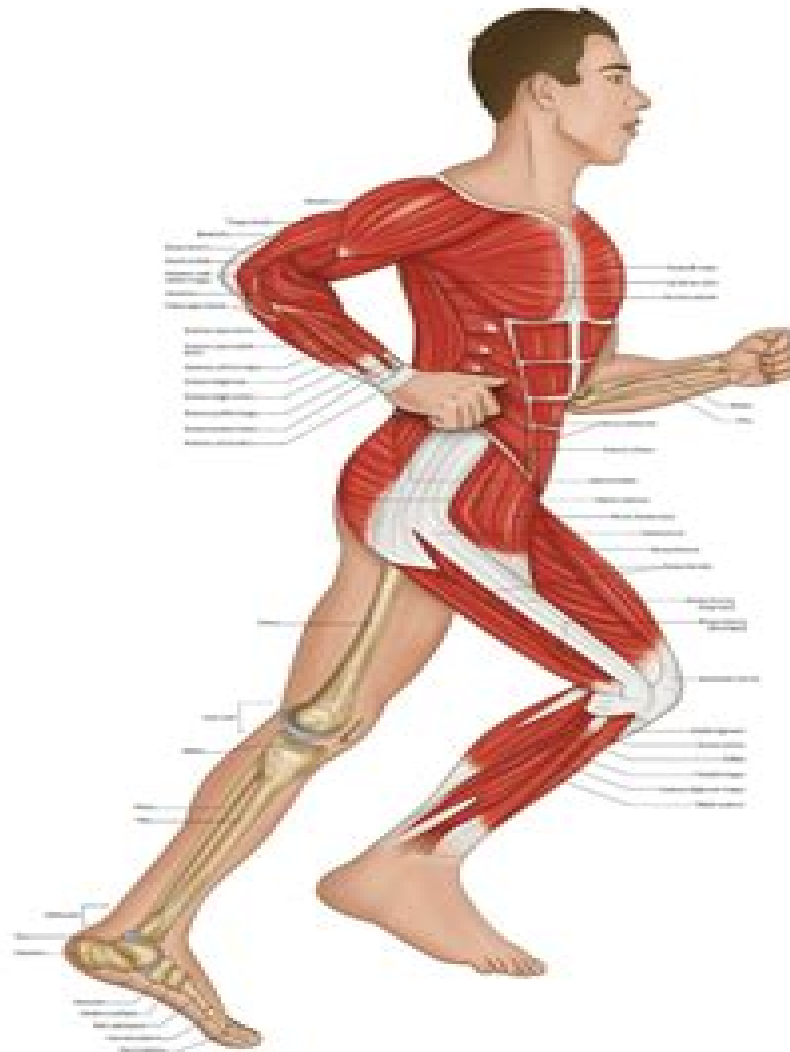


RUNNING ANATOMY



Anatomy For Runners

Matthew B. Werd, E. Leslie Knight



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