
AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer 1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer 1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer 1. Rest

2. Immobilize

3. (Apply something) Cold

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Lifeguard Exam Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about
American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help
you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on
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