

# SOCIAL MEDIA LITERACY

## WHAT AND WHERE ARE MIDDLE SCHOOLERS LEARNING ABOUT SOCIAL MEDIA?

In a mixed method study, we surveyed **229 school staff members** and **419 parents** from 4 school districts in the Northeast and interviewed 30 parents and 6 school staff members.

### Most frequently discussed topics amongst educators:



49% of educators discussed how student technology use **interferes with sleep**



46% of educators discussed students **craving constant access to devices**



43% of educators discussed considering **how online posts affect others**

### Most frequently discussed topics amongst parents:



With 92% of parents reporting discussing **stranger danger**, it was the most popular topic from our survey



90% of parents discuss **cyberbullying** and mean online behaviors



85% of parents warned their children of being influenced by **peer-induced risky behaviors** online (vaping, skipping school, alcohol, etc.)

## FINDINGS



- Educators focused on the prevention of their students being victimized by their own addictive and self-regulatory behaviors while parents focused more on preventing their teens from unsafe or risk-taking online peer influences.
- The fact that educators and parents **focus on different aspects** of the digital wellbeing of the child could be turned into a strength of a home-school partnership that is not competing but **complementary** with one another.

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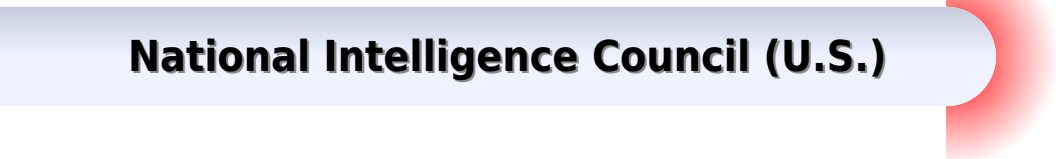
Study funded by Children and Screens: Institute of Digital Media and Child Development, Eunice Kennedy Shriver National Institute of Child Health and Human Development at NIH, and Wellesley College Sophomore Early Research Program

Infographic by Neha Lund and Emily Vargas

Learn more about youth social media use at [youthmediawellbeing.org](https://youthmediawellbeing.org)

# Social Media Literacy Global Trend

**National Intelligence Council (U.S.)**



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## **Table of Contents Social Media Literacy Global Trend**

1. Understanding the eBook Social Media Literacy Global Trend
  - The Rise of Digital Reading Social Media Literacy Global Trend
  - Advantages of eBooks Over Traditional Books
2. Identifying Social Media Literacy Global Trend
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Social Media Literacy Global Trend
  - User-Friendly Interface
4. Exploring eBook Recommendations from Social Media Literacy Global Trend
  - Personalized Recommendations
  - Social Media Literacy Global Trend User Reviews and Ratings
  - Social Media Literacy Global Trend and Bestseller Lists

5. Accessing Social Media Literacy Global Trend Free and Paid eBooks
  - Social Media Literacy Global Trend Public Domain eBooks
  - Social Media Literacy Global Trend eBook Subscription Services
  - Social Media Literacy Global Trend Budget-Friendly Options
6. Navigating Social Media Literacy Global Trend eBook Formats
  - ePub, PDF, MOBI, and More
  - Social Media Literacy Global Trend Compatibility with Devices
  - Social Media Literacy Global Trend Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Social Media Literacy Global Trend
  - Highlighting and Note-Taking Social Media Literacy Global Trend
  - Interactive Elements Social Media Literacy Global Trend
8. Staying Engaged with Social Media Literacy Global Trend
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Social Media Literacy Global Trend
9. Balancing eBooks and Physical Books Social Media Literacy Global Trend
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Social Media Literacy Global Trend
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Social Media Literacy Global Trend
  - Setting Reading Goals Social Media Literacy Global Trend
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Social Media Literacy Global Trend
  - Fact-Checking eBook Content of Social Media Literacy Global Trend
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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