

ANATOMY & PHYSIOLOGY

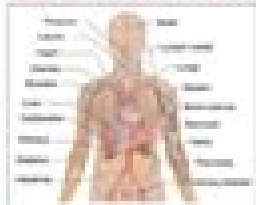
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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure of the human body and its parts.

Physiology

The study of the function of the human body and its parts.

Structural levels

Studying the human body at the cellular, tissue, organ, and system levels.

- 1. **Cellular level** - study of the structure and function of cells.
- 2. **Tissue level** - study of the structure and function of tissues.
- 3. **Organ level** - study of the structure and function of organs.
- 4. **System level** - study of the structure and function of systems.
- 5. **Whole body level** - study of the structure and function of the whole body.

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body.



Organization of human body

The human body is organized into a hierarchy of structural levels.

1. **Chemical level** - study of the structure and function of chemical molecules.

2. **Cellular level** - study of the structure and function of cells.

3. **Tissue level** - study of the structure and function of tissues.

4. **Organ level** - study of the structure and function of organs.

5. **System level** - study of the structure and function of systems.

6. **Whole body level** - study of the structure and function of the whole body.



The **axoplasm** is the cytoplasm of the neuron. It contains organelles such as mitochondria, Golgi apparatus, and endoplasmic reticulum.

Neurons

Neurons are the basic units of the nervous system.

1. **Cell body** - contains the nucleus and organelles.

2. **Dendrites** - receive information from other neurons.

3. **Axon** - carries information away from the cell body.

4. **Axon terminal** - releases neurotransmitters.

NERVOUS SYSTEM

Functions

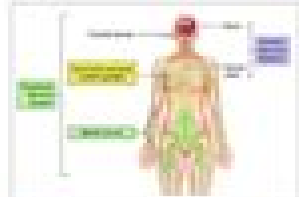
1. **Control** - directs the activities of the body.

2. **Integration** - processes information and makes decisions.

3. **Communication** - transmits information between different parts of the body.

4. **Response** - reacts to changes in the environment.

5. **Homeostasis** - maintains a stable internal environment.



Components

1. **Central nervous system** - consists of the brain and spinal cord.

2. **Peripheral nervous system** - consists of all other nerves.

3. **Sensory neurons** - carry information from the body to the brain.

4. **Motor neurons** - carry information from the brain to the body.

5. **Interneurons** - connect sensory and motor neurons.

NERVOUS SYSTEM

The nervous system is the body's communication system.



Types of neurons

1. **Sensory neurons** - carry information from the body to the brain.

2. **Motor neurons** - carry information from the brain to the body.

3. **Interneurons** - connect sensory and motor neurons.

4. **Glial cells** - support and protect neurons.

5. **Neurotransmitters** - chemical messengers that transmit information.

6. **Receptors** - detect changes in the environment.

7. **Effectors** - respond to information from the brain.

8. **Pathways** - routes of information flow.

9. **Reflexes** - automatic responses to stimuli.

10. **Consciousness** - awareness of the environment.

11. **Attention** - focusing on a specific task.

12. **Memory** - storing and retrieving information.

13. **Learning** - acquiring new information.

14. **Problem solving** - finding solutions to problems.

15. **Decision making** - choosing between options.

16. **Emotion** - feelings and moods.

17. **Personality** - unique characteristics of an individual.

ORGAN SYSTEMS OF THE BODY

The body is composed of several organ systems that work together to maintain life.

1. **Integumentary system** - skin, hair, and nails.

2. **Musculoskeletal system** - muscles, bones, and joints.

3. **Cardiovascular system** - heart and blood vessels.

4. **Respiratory system** - lungs and trachea.

5. **Digestive system** - mouth, stomach, and intestines.

6. **Excretory system** - kidneys and bladder.

7. **Reproductive system** - organs that produce offspring.

8. **Endocrine system** - glands that secrete hormones.

9. **Immune system** - cells and organs that fight infection.

10. **Nervous system** - brain, spinal cord, and nerves.

11. **Sensory system** - eyes, ears, nose, and tongue.

12. **Motor system** - muscles and nerves that control movement.

13. **Homeostatic system** - mechanisms that maintain internal balance.

14. **Regulatory system** - hormones and neurotransmitters.

15. **Support system** - bones and connective tissues.

16. **Protective system** - skin and immune cells.

17. **Reproductive system** - organs that produce offspring.

18. **Endocrine system** - glands that secrete hormones.

19. **Immune system** - cells and organs that fight infection.

20. **Nervous system** - brain, spinal cord, and nerves.

21. **Sensory system** - eyes, ears, nose, and tongue.

22. **Motor system** - muscles and nerves that control movement.

23. **Homeostatic system** - mechanisms that maintain internal balance.

24. **Regulatory system** - hormones and neurotransmitters.

ENDOCRINE SYSTEM

The endocrine system is the body's chemical communication system.

1. **Hypothalamus** - controls the pituitary gland.

2. **Pituitary gland** - releases hormones that control other glands.

3. **Thyroid gland** - produces thyroid hormone, which regulates metabolism.

4. **Parathyroid glands** - produce parathyroid hormone, which regulates calcium levels.

5. **Adrenal glands** - produce adrenaline and cortisol, which regulate stress response.

6. **Pancreas** - produces insulin and glucagon, which regulate blood sugar levels.

7. **Gonads** - produce sex hormones, which regulate reproduction.

8. **Thymus gland** - produces thymosin, which regulates the immune system.

9. **Testes** - produce testosterone, which regulates male sex characteristics.

10. **Ovaries** - produce estrogen, which regulates female sex characteristics.

11. **Placenta** - produces hormones during pregnancy.

12. **Fetus** - produces hormones that regulate growth and development.

13. **Maternal body** - produces hormones that regulate pregnancy.

14. **Postnatal body** - produces hormones that regulate growth and development.

15. **Adult body** - produces hormones that regulate metabolism and reproduction.

16. **Elderly body** - produces hormones that regulate aging.

17. **Death** - produces hormones that regulate the end of life.

18. **Rebirth** - produces hormones that regulate the beginning of life.

19. **Life cycle** - produces hormones that regulate the entire process.

20. **Evolution** - produces hormones that regulate the development of species.

21. **Extinction** - produces hormones that regulate the end of a species.

22. **Creation** - produces hormones that regulate the beginning of the world.

23. **Destruction** - produces hormones that regulate the end of the world.

24. **Renewal** - produces hormones that regulate the cycle of life.

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