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Encyclopedia of Sport Management Paul M Pedersen,2024-09-06 This thoroughly updated second edition of the *Encyclopedia of Sport Management* is an authoritative reference work that provides detailed explanations of critical concepts within the field

Language Education and Human Rights in Democratic Educational Settings Rousoulioti, Thomais,Pitsou, Charikleia,Saglam, Asli,Finch, Katy,2025-10-09 Language education

plays a role in human rights within democratic educational settings where inclusivity and equality are foundational principles

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Research Abstract In Physical Education And Sport Science (2 Vols.) Dr. C. Ashok,2008-07-30 The book covers all the dimensions of Physical Education and Sports Sciences through nine major branches namely Anthropometry Biomechanics Endurance Flexibility Hormones Psychological Variables Rehabilitation Speed and Yoga Each branch contains minimum fifty research abstracts The abstracts contain introduction methodology results and conclusions The author did not manipulate anything in the abstracts since it may create big problem to him A researcher can use it for his her thesis as a review or even he she may contact the corresponding author for seeking help in their respective research The author has given the abstracts with variable index thus a reader can choose variables or find a particular variable without undue strain The book contains the chapters 1 Anthropometric Variables 2 Biomechanical variables 3 Endurance variables 4 Flexibility variables 5 Harmones variables 6 Psychological variables 7 Rehabilitation variables 8 Speed variables 9 Yoga variables Developing the Core NSCA -National Strength & Conditioning Association,Jeffrey M. Willardson,2024-08-15 It s no secret that a strong midsection is a necessity for elite level athletes In fact research has established a direct correlation between core strength performance and injury risk reduction With Developing the Core Second Edition you can gain the performance edge by strengthening your core and achieving greater stability and mobility Written by the National Strength and Conditioning Association with contributions from an experienced group of sport coaches and practitioners Developing the Core Second Edition is the most comprehensive and up to date resource on the science for core training and its application Along with the latest testing and assessment procedures and new insights regarding the neural control of the core muscles you will find the following Core training guidelines and sample programs for 15 sports including basketball football soccer lacrosse rugby and mixed martial arts Step by step instructions and detailed photos for 74 exercises Expert advice and strategies for varying exercises and customizing programs Developing the Core is the authoritative resource for strengthening the core and maximizing performance It is an absolute must have for serious athletes strength and conditioning professionals and coaches alike Earn continuing education credits units A continuing education exam that uses this book is also available It may be purchased

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