
AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer 1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer 1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer 1. Rest

2. Immobilize

3. (Apply something) Cold

14 Redcross Lifeguarding Test Review Sheet

Stanford University



14 Redcross Lifeguarding Test Review Sheet:

Lifeguarding Today American Red Cross,1995 **Forthcoming Books** Rose Arny,1992 **Courses and Degrees** Stanford University,1991 **The Civil Service Reporter** Philippines. Civil Service Commission,1972 Safety Education ,1958 **Bulletin of Safety Education** ,1958 **Subject Guide to Books in Print** ,1991 *American Red Cross Lifeguard Exam* Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills

Lifeguarding Manual American National Red Cross,2023-12-31 *American Red Cross Lifeguard Training Instructor's Manual* ,1988-01-01

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