

Immediate Post-Cardiac Arrest Care Algorithm – 2015 Update

Return of spontaneous circulation (ROSC)

Optimize ventilation and oxygenation

- Maintain oxygen saturation $\geq 94\%$
- Consider advanced airway and waveform capnography
- Do not hyperventilate

Treat hypotension (SBP <90 mm Hg)

- IV/IO bolus
- Vasopressor infusion
- Consider treatable causes

12-Lead ECG: STEMI or high suspicion of AMI

Yes

Coronary reperfusion

No

Follow commands?

No

Initiate targeted temperature management

Yes

Advanced critical care

Doses/Details

Ventilation/oxygenation:

Avoid excessive ventilation. Start at 10 breaths/min and titrate to target PETCO₂ of 35-40 mm Hg. When feasible, titrate FIO₂ to minimum necessary to achieve SpO₂ $\geq 94\%$.

IV bolus:

Approximately 1-2 L normal saline or lactated Ringer's

Epinephrine IV infusion:

0.1-0.5 mcg/kg per minute (in 70-kg adult: 7-35 mcg per minute)

Dopamine IV infusion:

5-10 mcg/kg per minute

Norepinephrine IV infusion:

0.1-0.5 mcg/kg per minute (in 70-kg adult: 7-35 mcg per minute)

Reversible Causes

- Hypovolemia
- Hypoxia
- Hydrogen ion (acidosis)
- Hypo-/hyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toxins
- Thrombosis, pulmonary
- Thrombosis, coronary

Aha Acls Pocket Guide 2013

J Dewey



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