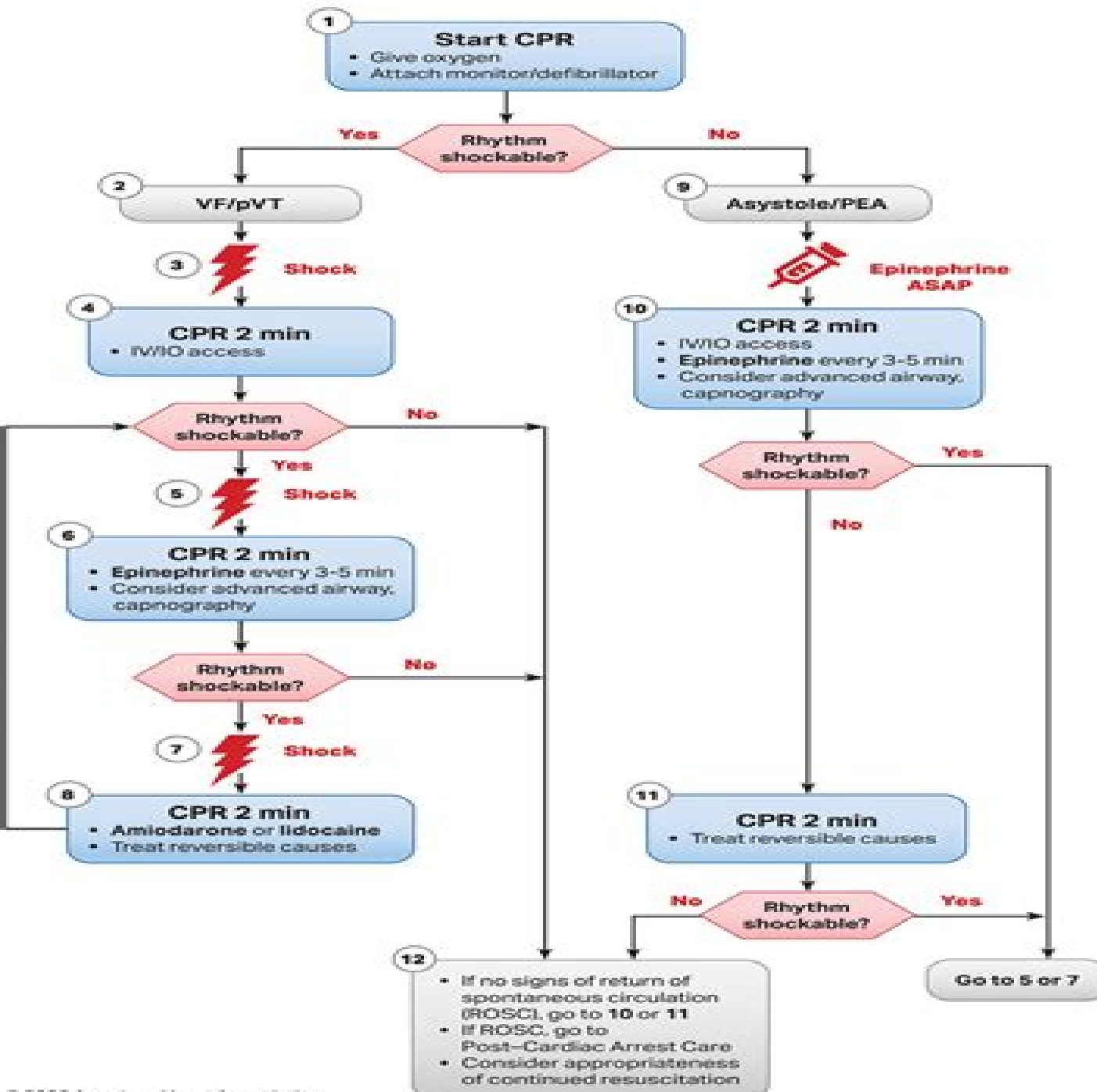




CPR Quality

- Push hard (at least 2 inches [5 cm]) and fast (100-120/min) and allow complete chest recoil.
- Minimize interruptions in compressions.
- Avoid excessive ventilation.
- Change compressor every 2 minutes, or sooner if fatigued.
- If no advanced airway, 30:2 compression-ventilation ratio.
- Quantitative waveform capnography
 - If $P_{\text{ET}}\text{CO}_2$ is low or decreasing, reassess CPR quality.

Shock Energy for Defibrillation

- Biphasic:** Manufacturer recommendation (eg, initial dose of 120-200 J; if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered.
- Monophasic:** 360 J

Drug Therapy

- Epinephrine IV/IO dose:** 1 mg every 3-5 minutes
- Amiodarone IV/IO dose:** First dose: 300 mg bolus. Second dose: 150 mg, or
- Lidocaine IV/IO dose:** First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.

Advanced Airway

- Endotracheal intubation or supraglottic advanced airway
- Waveform capnography or capnometry to confirm and monitor ET tube placement
- Once advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions

Return of Spontaneous Circulation (ROSC)

- Pulse and blood pressure
- Abrupt sustained increase in $P_{\text{ET}}\text{CO}_2$ (typically ≥ 40 mm Hg)
- Spontaneous arterial pressure waves with intra-arterial monitoring

Reversible Causes

- Hypovolemia
- Hypoxia
- Hydrogen ion (acidosis)
- Hypo-/hyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toxins
- Thrombosis, pulmonary
- Thrombosis, coronary

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JoAnn Zerwekh



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Respiratory Care: Principles and Practice Dean R. Hess, Neil R. MacIntyre, William F. Galvin, 2020-01-15 More than an introductory text *Respiratory Care Principles and Practice Fourth Edition* by Dean Hess is a comprehensive resource will be referenced and utilized by students throughout their educational and professional careers *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* David P. Swain, ACSM, Clinton A. Brawner, 2012-12-26 ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription was created as a complement to ACSM's Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM The 7th edition provides information necessary to address the knowledge skills and abilities set forth in the new edition of Guidelines and explains the science behind the exercise testing and prescription ACSM's Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields as well as those in academic training

Respiratory Care: Principles and Practice Hess, Neil R. MacIntyre, William F. Galvin, Shelley C. Mishoe, 2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise Taught in leading respiratory care programs in the U S it continues to be the top choice for instructors and students alike The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools A complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more With content cross references the NBRC examination matrices *Respiratory Care Principles and Practice Third Edition* is the definitive resource for today's successful RT [Guidelines for Cardiac Rehabilitation and Secondary Prevention Programs-5th Edition \(with Web Resource\)](#) American Association of Cardiovascular & Pulmonary Rehabilitation, 2013-08-02 *Guidelines for Cardiac Rehabilitation and Secondary Prevention Programs Fifth Edition* covers the entire scope of practice for cardiac rehabilitation and secondary prevention CR/SP programs This text was developed by the American Association of Cardiovascular and Pulmonary Rehabilitation AACVPR and parallels federal guidelines for cardiac rehabilitation programs It contains information on promoting positive lifestyle behavior patterns reducing risk factors for disease progression and lessening the impact of cardiovascular disease on quality of life morbidity and mortality [Guidelines for Cardiac Rehabilitation Programs](#) American Association of Cardiovascular & Pulmonary Rehabilitation, 2021 *Guidelines for Cardiac Rehabilitation Programs Sixth Edition* offers procedures for providing patients with low cost high quality programming that moves them toward a lifelong commitment to disease management **Illustrated Study Guide for the NCLEX-PN® Exam - E-Book** JoAnn Zerwekh, 2020-12-24 *Testing Strategies for the NCLEX PN Examination* chapter addresses the challenges of the Next

Generation NCLEX and provides targeted strategies for success UNIQUE Mnemonic cartoons provide a fun easy way to review and remember key nursing concepts and disease processes More than 2 000 review questions on the companion Evolve website are available in both study and quiz modes and separated by content area allowing customized review based on personal study needs Examples of Next Generation NCLEX style questions on the companion Evolve website familiarize you with these new types of questions Answers and rationales are provided for all review questions Test Alert boxes highlight key concepts frequently found on the NCLEX examination Alternate item format questions on the companion Evolve website prepare you for these question types on the NCLEX examination UNIQUE Appendixes for each chapter summarize medications and nursing procedures for quick reference Nursing Priority boxes make it easier to distinguish priorities of nursing care Pharmacology tables make key drug information easy to find with high alert medications noted by a special icon Special icons distinguish pediatric and adult disorders and identify content on self care and home care A separate chapter on pharmacology and medication administration helps you focus on this area of emphasis on the NCLEX examination

Principles of Airway Management Brendan T. Finucane, Ban C.H. Tsui, Albert Santora, 2010-12-14 Principles of Airway Management 4th Edition reviews the essential aspects of airway management anatomy equipment intubation fiberoptic endoscopy surgical approaches intubating LMA lightwand pediatric airway CPR and mechanical ventilation The book features well balanced discussions of the complexities and difficult issues associated with airway management excellent organization that ensures the material can be learned and applied to various situations the latest equipment and techniques summary boxes which highlight the most important points of each chapter and more than 400 illustrations many in color for the first time tables and boxes

Textbook of Emergency & Trauma Care Devendra Richhariya, 2018-02-28 This book is a comprehensive guide to emergency and trauma care covering the complete process from pre hospital care rapid and point of care assessment and triaging to care of the patient during transfer and in hospital care Beginning with a general overview of emergency care and resuscitation the following sections discuss the treatment of emergencies and trauma in different systems of the body A complete section is dedicated to paediatric emergencies The final chapters cover trauma management toxicology disaster management and environmental emergencies such as thermal and chemical burns and snake bites The descriptive text is further enhanced by more than 700 flowcharts tables diagrams clinical photographs and short notes to assist learning Key points Comprehensive guide to emergency and trauma care Covers management of emergencies in different systems of the body Includes section on paediatric emergencies Highly illustrated with flowcharts tables diagrams photographs and short notes

ACLS, CPR, and PALS Shirley A. Jones, 2014-03-24 Here s all the information you need to respond to cardiac emergencies in one pocket sized book This quick reference guide provides easy to access coverage of all three levels of care infant child and adult plus listings for all drugs required for ACLS and PALS in both adult and pediatric dosages

Resuscitation Antonino Gullo, Giuseppe Ristagno, 2013-11-19 Resuscitation is a two stage process comprising the

achievement maintenance of spontaneous circulation and post resuscitation management The approach is complex and multifaceted and entails the integration of new physiological insights pharmacological options and technological advances The purpose of this volume written by top experts in the field is to promote share and disseminate new advances in resuscitation and post resuscitation care The issues addressed are wide ranging and of great topical interest or controversy They include priorities of intervention quality of resuscitation use of mechanical supports new defibrillation strategies prevention of organ damage strategies in cases of sudden cardiac death new pharmacological treatments and post resuscitation care including temperature management and prediction and improvement of outcome after cardiac arrest Particular attention is devoted to up to date evidence from the most recent experimental and clinical trials on resuscitation science and to gold standard evidence based resuscitation and post resuscitation treatments and interventions In addition organizational models and integrated care systems for trauma are considered and critical care education and the process of guideline development are reviewed

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