

TABLE 1

Select major differences between 2013 and 2018 AHA/ACC cholesterol guidelines^{1,2} (cont'd)

Guideline parameter	2013 ²	2018 ¹
Severe hypercholesterolemia		
Nonstatin therapy	For adults 21-75 y who have an LDL-C level ≥ 190 mg/dL after maximizing statin therapy, adding a nonstatin drug can be considered to further lower the LDL-C level	Prescribe ezetimibe in patients 20-75 y who have an LDL-C level ≥ 190 mg/dL and who (1) achieve a $< 50\%$ reduction in LDL-C while receiving maximally tolerated statin therapy or (2) who have an LDL-C level ≥ 100 mg/dL (or both) Prescribe a PCSK9 inhibitor in patients who (1) have a baseline LDL-C level ≥ 220 mg/dL and (2) achieve an on-treatment LDL-C level ≥ 130 mg/dL while receiving maximally tolerated statin and ezetimibe therapy Prescribe a PCSK9 inhibitor in patients 30-75 y who have (1) heterozygous familial hypercholesterolemia and (2) an LDL-C level ≥ 100 mg/dL while taking maximally tolerated statin and ezetimibe therapy
Secondary prevention		
Very high-risk category of ASCVD	No equivalent recommendation	Adds specific recommendations for very high-risk patients
LDL-C targets	High- and moderate-intensity statin therapy recommendations did not specify LDL-C reduction targets but did recommend follow-up LDL-C testing for adherence to gauge adequacy of statin effect	Specifies importance of percentage reduction in LDL-C level when prescribing high ($\geq 50\%$) or moderate-intensity (30%-49%) statin therapy as well as follow-up LDL-C testing for adherence and to gauge effects of LDL-C lowering medication
Nonstatin therapy	Consider adding nonstatin therapy in adults at higher risk for ASCVD who are receiving maximally tolerated statin therapy with a less-than-anticipated therapeutic response Use nonstatin cholesterol-lowering drugs in adults who are candidates for statin therapy but are completely statin-intolerant	Very high-risk ASCVD patients should receive maximally tolerated statin therapy; if the LDL-C level remains ≥ 70 mg/dL, add ezetimibe before considering a PCSK9 inhibitor. If, despite ezetimibe, the LDL-C level is ≥ 70 mg/dL or non-HDL-C is ≥ 100 mg/dL, consider a PCSK9 inhibitor

ACC, American College of Cardiology; AHA, American Heart Association; ASCVD, atherosclerotic cardiovascular disease; CAC, coronary artery calcium; HDL, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; PCSK9, proprotein convertase subtilisin/kexin type 9.

¹Fifteen members of the 2013 guideline panel, including a vice chair, declared a conflict of interest. None of the authors of the 2018 guideline declared a conflict of interest.

²American College of Cardiology, American Heart Association, American Association of Cardiovascular and Pulmonary Rehabilitation, American Academy of Physician Assistants, Association of Black Cardiologists, American College of Preventive Medicine, American Diabetes Association, American Geriatrics Society, American Pharmacists Association, American Society for Preventive Cardiology, National Lipid Association, and Preventive Cardiovascular Nurses Association.

³Value statements address clinicians' and patients' need to consider the cost of drugs in determining the most appropriate treatment.

Aha Guidelines 2013 Criticism

Gundu HR Rao



Aha Guidelines 2013 Criticism:

Clinical Lipid Management Jennifer G. Robinson, MD, 2023-10-11 Presents the newest thinking and data needed for clinicians to reduce atherosclerotic cardiovascular disease ASCVD risk This book provides detailed evidence based guidance for treating cholesterol to reduce ASCVD with a focus on recent ACC AHA guidelines an overview of evidence based treatment of other risk factors the management of genetic and acquired lipid disorders and complete efficacy and safety information on all available lipid lowering agents including clinical trial data and FDA approved labeling **Cardiovascular Diseases** Y. Robert Li, 2015-04-06 Written in an accessible style and consistent format the book covers both the fundamentals and advances in the pharmacology of cardiovascular drugs as well as their integrated applications in the management of individual cardiovascular diseases Integrates fundamentals and recent advances regarding cardiovascular drugs blending basic and clinical sciences needed to effectively understand and treat cardiovascular diseases Facilitates understanding of drug action and mechanism by covering physiology pathophysiology and pharmacology Includes guidelines and algorithms for pharmacotherapeutic management of cardiovascular diseases Uses case presentations and study questions to enhance understanding of the material Serves as a resource for pharmaceutical and medical students and researchers interested in cardiovascular issues *Lipid Disorders: A Multidisciplinary Approach, Clinics Collections, 1e, (Clinics Collections)* Joel J. Heidelbaugh, 2015-10-15 Clinics Collections Lipid Disorders draws from Elsevier's robust Clinics Review Articles database to provide multidisciplinary teams including general practitioners cardiologists endocrinologists pathologists cardiologists rheumatologists and hepatologists with practical clinical advice and insights on this highly prevalent condition and its comorbidities Clinics Collections Lipid Disorders guides readers on how to apply current primary research findings on lipid disorders to everyday practice to help overcome challenges and complications keep up with new and improved treatment methods and improve patient outcomes Areas of focus include lipids and biomarkers lipids and pharmacotherapy lipids and heart disease lipids and chronic disease lipids and pediatrics lipids and women's health and special considerations Each article begins with keywords and key points for immediate access to the most critical information Articles are presented in an easy to digest and concisely worded format Elsevier's Clinics Collections provide concise reviews of today's most prevalent conditions and significant medical developments Other Clinics Collections titles available include Type II Diabetes Mellitus Asthma Obesity and Pain Management *Anesthesiology Critical Care Board Review* George W. Williams, Navneet Kaur Grewal, Marc J. Popovich, 2019-10-21 Anesthesiology Critical Care Board Review fills a much needed niche offering a high yield review of content for the American Board of Anesthesiology's Critical Care board exam in a question and answer format Concise explanations and targeted references are provided for each question Arterial Disorders Adel Berbari, Giuseppe Mancia, 2015-03-19 As our knowledge about arterial disease is greatly expanding the aim of this book is to explore all aspects of arterial pathology including classification clinical manifestations pathogenesis and therapeutic options The discussion of

pathophysiologic mechanisms of arterial disease is wide ranging encompassing hemodynamic metabolic humoral inflammatory genetic and environmental factors Particular emphasis is placed on recent concepts such as the role of age associated arterial alterations in the initiation and progression of cardiovascular diseases in older persons the importance of mineral metabolism bone vascular interactions the clinical and prognostic significance of the renal resistive index retinal circulation toxemia of pregnancy as an arterial disease and the role of pulmonary vascular interaction in pulmonary hypertension and cross talk of macrocirculation and microcirculation in target organ involvement Evaluation procedures are carefully explained and the full range of currently available therapeutic options including lifestyle modifications and pharmacologic approaches are described and appraised *Yearbook of Pediatric Endocrinology 2014* K. Ong,Z. Hochberg,2014-08-25 Providing abstracts of articles that report the year s breakthrough developments in the basic sciences and evidence based knowledge in clinical research and clinical practice that are relevant to the field this book keeps busy clinicians and scientists pediatric endocrinologists and also pediatricians and endocrinologists informed on advances

Textbook of Sports and Exercise Cardiology Axel Pressler,Josef Niebauer,2020-04-08 This textbook provides a comprehensive yet practically orientated overview of classic and novel sports cardiology topics based on current evidence guidelines recommendations and expert experience Numerous publications have provided guidance to these issues but it has become increasingly difficult for both students and doctors to obtain a thorough but practicable overview for optimal clinical care of athletes and patients This book is intended as an educational work filling the large gaps that are still present in the current educational guidelines for medical students and cardiology trainees *Textbook of Sports and Exercise Cardiology* differs from other sports cardiology books by focusing on clear practical recommendations based on the latest evidence primarily targeting those who seek professional background information and education that can easily be transferred into everyday care **ACLS Study Guide - E-Book** Barbara J Aehlert,2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines *ACLS Study Guide 5th Edition* offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions *ACLS Pearls* boxes offer brief explanations of complex topics and useful tips for clinical practice End of chapter quizzes include answers and rationales helping you learn and remember the most important information Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert s unique conversational writing style NEW UPDATED content centers on evidence based practice recommendations

including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations Clinical Management of Overweight and Obesity Paolo Sbraccia, Enzo Nisoli, Roberto Vettor, 2015-12-18 These guidelines make recommendations regarding the management of individuals with a body mass index greater than 25.0 kg/m² and cover all age groups from children to the elderly as well as various patient subsets A range of measures to yield health benefits are set out including healthy eating plans increased physical activity and behavioral modifications to help patients to manage obesity In addition recommendations are made on the use of bariatric surgery and the new antiobesity drugs Throughout the process of developing the recommendations every attempt was made to ensure use of a rigorous evidence based approach The guidelines are promoted by the Italian Society of Obesity SIO and were formulated in compliance with a prespecified process overseen by a steering committee They are intended for use by a wide range of clinicians including general practitioners primary health care nurses and primary health care professionals and will hopefully prove of value in combating the obesity epidemic not only in Italy but across Europe and elsewhere in the world **Clinical Handbook of Coronary Artery Disease** Gundu HR Rao, 2020-08-31 Introduction 1 Diabetes and Coronary Artery Disease 2 Coronary Artery Disease in Women 3 Finding Solutions Modifiable Risk Factors and Cardiovascular Disease in South Asians 4 Epidemiology of Diabetes in India 5 Diabetes in Low and Middle income Countries India as a Case Study 6 The North Karelia Project From North Karelia to National and International Action 7 Development of Pediatric Cardiology in India 8 Cardiovascular Risk Stratification in South Asians 9 Body Composition and Cardiometabolic Disease in South Asians Compared to Other Ethnic Groups

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