

# ANATOMY & PHYSIOLOGY

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### HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



#### Anatomy

The study of the structure of the human body and its parts.

#### Physiology

The study of the function of the human body and its parts.

#### Structural levels

Studying the human body at the cellular, tissue, organ, and system levels.

- 1. **Cellular level** - study of the structure and function of cells.
- 2. **Tissue level** - study of the structure and function of tissues.
- 3. **Organ level** - study of the structure and function of organs.
- 4. **System level** - study of the structure and function of systems.
- 5. **Organism level** - study of the structure and function of the whole organism.

### CELLS AND TISSUES

Cells are the basic units of structure and function of the human body.



#### Organization of human body

The human body is organized into a hierarchy of structural levels.

1. **Chemical level** - study of the structure and function of chemical molecules.

2. **Cellular level** - study of the structure and function of cells.

3. **Tissue level** - study of the structure and function of tissues.

4. **Organ level** - study of the structure and function of organs.

5. **System level** - study of the structure and function of systems.

6. **Organism level** - study of the structure and function of the whole organism.



The neuron is the basic unit of the nervous system.

1. **Cell body** - contains the nucleus and other organelles.

2. **Dendrite** - receives information from other neurons.

3. **Axon** - carries information away from the cell body.

4. **Axon terminal** - releases neurotransmitters.

5. **Synapse** - the junction between two neurons.

### NERVOUS SYSTEM

#### Functions

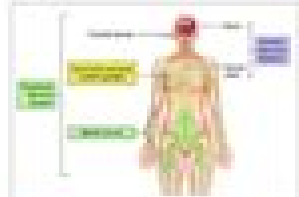
1. **Control** - the nervous system controls the body's activities.

2. **Integration** - the nervous system integrates information from the body and the environment.

3. **Communication** - the nervous system communicates with other parts of the body.

4. **Response** - the nervous system responds to stimuli.

5. **Regulation** - the nervous system regulates the body's functions.



#### Structure

1. **Central nervous system** - consists of the brain and spinal cord.

2. **Peripheral nervous system** - consists of all other nerves.

3. **Somatic nervous system** - controls voluntary movements.

4. **Autonomic nervous system** - controls involuntary functions.

5. **Sensory nervous system** - carries information from the body to the brain.

6. **Motor nervous system** - carries information from the brain to the body.

### CELLS OF NERVE

Neurons are the basic units of the nervous system.



#### Types of neurons

1. **Sensory neurons** - carry information from the body to the brain.

2. **Motor neurons** - carry information from the brain to the body.

3. **Interneurons** - carry information between sensory and motor neurons.

4. **Support cells** - provide support for neurons.

5. **Glial cells** - provide support for neurons.

6. **Neuroglia** - provide support for neurons.

7. **Neurogenesis** - the process of creating new neurons.

8. **Neurodegeneration** - the process of losing neurons.

9. **Neuroinflammation** - the process of inflammation in the nervous system.

10. **Neuroprotection** - the process of protecting neurons.

11. **Neuroregeneration** - the process of regenerating neurons.

12. **Neuroplasticity** - the process of adapting to changes in the nervous system.

13. **Neurotransmission** - the process of sending signals between neurons.

14. **Neurotransmitter receptors** - proteins that bind to neurotransmitters.

15. **Neurotransmitter synthesis** - the process of creating neurotransmitters.

16. **Neurotransmitter release** - the process of releasing neurotransmitters.

17. **Neurotransmitter reuptake** - the process of taking up neurotransmitters.

### ORGAN SYSTEMS OF THE BODY

The human body is composed of several organ systems.

1. **Integumentary system** - the skin and its appendages.

2. **Musculoskeletal system** - the muscles and bones.

3. **Cardiovascular system** - the heart and blood vessels.

4. **Respiratory system** - the lungs and airways.

5. **Digestive system** - the stomach and intestines.

6. **Excretory system** - the kidneys and bladder.

7. **Reproductive system** - the organs that produce offspring.

8. **Endocrine system** - the glands that secrete hormones.

9. **Immune system** - the cells and organs that fight infection.

10. **Nervous system** - the brain, spinal cord, and nerves.

11. **Sensory system** - the eyes, ears, nose, and tongue.

12. **Motor system** - the muscles and bones.

13. **Support system** - the skin and connective tissue.

14. **Regulatory system** - the endocrine and nervous systems.

15. **Defensive system** - the immune system.

16. **Reproductive system** - the organs that produce offspring.

17. **Excretory system** - the organs that remove waste.

18. **Digestive system** - the organs that process food.

19. **Respiratory system** - the organs that exchange gases.

20. **Circulatory system** - the heart and blood vessels.

21. **Lymphatic system** - the organs that filter toxins.

22. **Integumentary system** - the skin and its appendages.

23. **Musculoskeletal system** - the muscles and bones.

24. **Cardiovascular system** - the heart and blood vessels.

### ENDOCRINE SYSTEM

The endocrine system is composed of several glands.

1. **Pituitary gland** - the master gland that controls other glands.

2. **Thyroid gland** - the gland that produces thyroid hormone.

3. **Parathyroid glands** - the glands that produce parathyroid hormone.

4. **Adrenal glands** - the glands that produce adrenal hormone.

5. **Testes** - the glands that produce testosterone.

6. **Ovaries** - the glands that produce estrogen.

7. **Pancreas** - the gland that produces insulin.

8. **Thymus gland** - the gland that produces thymosin.

9. **Anterior pituitary** - the part of the pituitary gland that produces growth hormone.

10. **Posterior pituitary** - the part of the pituitary gland that produces oxytocin and vasopressin.

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# Anatomy And Physiology With Integrated Study Guide

**Dr. Neeru Malik, Dr. Kulbir Singh,  
Dr. Nirlep Kaur Deol**



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