# 100

## QUESTIONS &ANSWERS

What are the anatomy and function of the spine?

What happens to the spine as we age?

What can I do to help prevent degenerative spine disease?

What resources are available to me if I suffered a spinal cord injury?

What is spinal physical therapy?

What about pain management?

## Spine Disorders



Rahul Jandial, MD Henry E. Aryan, MD

### **1questions Answers About Spine Disorders**

**Tracie Fuqua** 

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