

SKELETAL SYSTEM: BONES & JOINTS

MODEL 2.41

BONES
 AXIAL
 APPENDICULAR
 SPONGY BONE
 COMPACT BONE

LIGAMENTS
 TENDONS

FUNCTION OF BONES (5)

TYPES OF BONES (4)
 LONG BONE
 FLAT BONE
 IRREGULAR BONE
 SHORT BONE

JOINTS = ARTICULATIONS

- SYNDIAL joints
- HINGE JOINT
- BALL & SOCKET
- GLIDING / PLANE
- CONDYLOID
- PIVOT

JOINT MOVEMENT

- FLEXION
- EXTENSION
- ADDUCTION
- ABDUCTION
- ROTATION
- ELEVATION
- DEPRESSION
- SUPINATION
- PRONATION
- INVERSION
- EVERSION
- DORSIFLEXION
- PLANTAR FLEXION
- CIRCUMDUCTION

206 BONES

AXIAL

- SKULL
- Rib pair 1-12
- VERTEBRAL COLUMN
 - Cervical, Thoracic, Lumbar, Sacral, Coccygeal vertebrae

APPENDICULAR

- UPPER & LOWER EXTREMITIES
- Shoulder, Elbow, Wrist, Hand
- Hip, Knee, Ankle, Foot

FUNCTION OF BONES

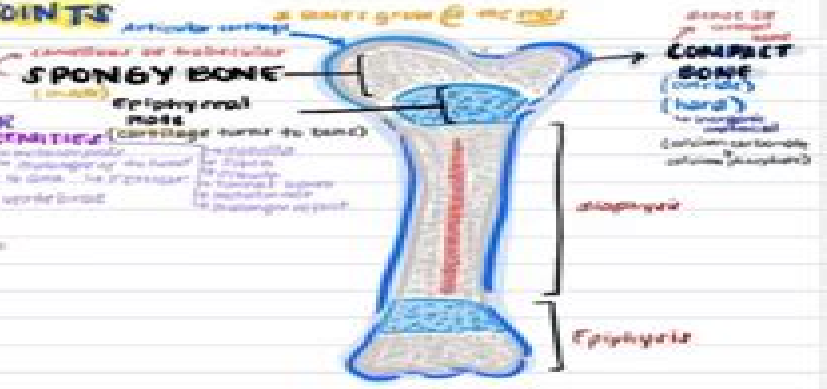
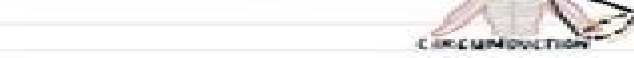
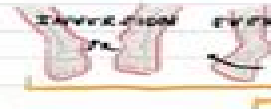
- FORM & STRUCTURE
- PROTECTION & SUPPORT
- LEVERS FOR MOVEMENT
- HEMOPOIESIS
- STORE MINERALS (CALCIUM & PHOSPHORUS) & ENERGY RESERVES

DYNAMIC!

- Longer than width (FEMUR, HUMERUS, RADIUS, ULNA, TIBIA, FIBULA)
- "FLAT" (SCAPULA, CLAVICLE, CRIBRUM, RIBS)
- "IRREGULARLY" shaped (CLAVICLE & COMPLEX SHAPES (VERTEBRAL, COCCYGEAL))
- about as long as they are wide (CARPALS, METACALS, METELLA)
- **irregular (short) METELLA (mandible)**
 - they grow, sand in function of jaw muscle.

→ PLACE OF CONTACT BETWEEN BONES

→ **DIARTHROSES** - freely movable



SUMMARY: Bones of the skeletal system are not only for form and structure but also have functions that make them **DYNAMIC**. The type and classification a bone are essential to identify and understand its connections to joints, and movements. # **SHAPE** determines **FUNCTION**.

Anatomy Bone Study Guide

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