

Analog Communication Technique Note 5

Baseband vs Passband Transmission

- Baseband signals:
 - Voice (0-4kHz)
 - TV (0-6 MHz)
- A signal may be sent in its baseband format when a dedicated wired channel is available.
- Otherwise, it must be converted to passband.

Modulation

- Modulation is a process that convert a message signal into a suitable form to transmit over a long distance through a communication channel.
- This is necessary because the message signal being a low frequency signal, that cannot be transmitted efficiently over the channel directly.

What is Modulation?

- The process of shifting the baseband signal (low frequency signal) to passband range or high frequency is called Modulation.
- In the modulation process, some characteristic of a high-frequency carrier signal (band pass), is changed according to the instantaneous value of the information (baseband) signal.
- The process of shifting the passband signal to baseband frequency range is called Demodulation.

Need for Modulation

- There are various reasons why modulation is necessary in electronic communication systems.
- **Ease of Radiation / Transmission:** It is extremely difficult to radiate low frequency signals from an antenna in the form of electromagnetic energy.

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web put your arms in front of your body with elbows slightly bent pull theraband outwards across your chest hold for 3 seconds slowly return to starting position repeat 10 times shoulder flexion sit or stand with theraband held at hip or waist height point your thumb toward the ceiling

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web triceps help with transfers pressure reliefs and locking the elbow basic home exercise equipment theraband tie a knot in the end of the band and shut the knotted end in a door this allows you to adjust the height for different exercises choose a resistance that you can do for 2 sets of 15 reps if it s too easy

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web keep your upper arms at your side bend from your elbows to pull your lower arms up toward your head 3 repeat times
page 4 for exercises 5 and 6 tie a theraband to the head of the bedframe 5 elbow extension 1 bend your elbow and grasp the band 2 straighten your elbow and stretch the band down toward the foot

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