

ANATOMY AND PHYSIOLOGY

23 PAGES GUIDE

Visual learner Notes

Introduction to Anatomy and Physiology

Definition: The study of the structure and function of the human body.

Branches:

- Anatomy:** The study of the structure of the body.
- Physiology:** The study of the function of the body.

Levels of Organization:

1. Chemical level
2. Cellular level
3. Tissue level
4. Organ level
5. Organ system level
6. Organism level

Homeostasis

Definition: The process by which the body maintains a stable internal environment.

Components:

- Stimulus:** A change in the environment that triggers a response.
- Receptor:** A sensor that detects the stimulus.
- Control Center:** The brain or other part of the body that processes the information from the receptor.
- Effector:** A muscle or gland that carries out the response.

Cell Structure

Prokaryotic Cell: A simple cell without a nucleus.

- 1. Cell wall
- 2. Plasma membrane
- 3. Cytoplasm
- 4. Ribosomes
- 5. Nucleoid

Eukaryotic Cell: A complex cell with a nucleus.

- 1. Cell wall
- 2. Plasma membrane
- 3. Cytoplasm
- 4. Ribosomes
- 5. Nucleus
- 6. Mitochondria
- 7. Golgi apparatus
- 8. Endoplasmic reticulum

Connective Tissues

Definition: Tissues that support and connect other tissues.

Types:

- 1. Epithelial tissue
- 2. Muscle tissue
- 3. Nervous tissue
- 4. Connective tissue

Muscle Tissues

Definition: Tissues that contract to produce movement.

Types:

- 1. Skeletal muscle
- 2. Cardiac muscle
- 3. Smooth muscle

Nervous Tissues

Definition: Tissues that transmit electrical signals.

Types:

- 1. Neurons
- 2. Glial cells

Integumentary System

Definition: The system of the body that covers and protects it.

Components:

- 1. Skin
- 2. Hair
- 3. Nails

Endocrine System

Definition: The system of the body that produces and releases hormones.

Components:

- 1. Pituitary gland
- 2. Thyroid gland
- 3. Adrenal gland
- 4. Pancreas
- 5. Gonads

Respiratory System

Definition: The system of the body that takes in oxygen and removes carbon dioxide.

Components:

- 1. Trachea
- 2. Bronchi
- 3. Lungs

Circulatory System

Definition: The system of the body that transports blood.

Components:

- 1. Heart
- 2. Arteries
- 3. Veins
- 4. Capillaries



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- 4. Capillaries

Digestive System

Definition: The system of the body that breaks down food into nutrients.

Components:

- 1. Mouth
- 2. Esophagus
- 3. Stomach
- 4. Small intestine
- 5. Large intestine

Excretory System

Definition: The system of the body that removes waste from the body.

Components:

- 1. Kidneys
- 2. Ureters
- 3. Bladder
- 4. Uthra

Reproductive System

Definition: The system of the body that produces offspring.

Components:

- 1. Testes
- 2. Ovaries
- 3. Uterus
- 4. Vagina

Immune System

Definition: The system of the body that defends against disease.

Components:

- 1. White blood cells
- 2. Antibodies
- 3. T cells
- 4. B cells

Skeletal System

Definition: The system of the body that supports and protects the body.

Components:

- 1. Bones
- 2. Joints

Endocrine System

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- 5. Gonads

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**Eric L Sun, Kevin T. Patton, Frank B.
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