



08-2019

College of Life Sciences
Department of Exercise Sciences



Functional Anatomy and Kinesiology
ExSc 400

Instructor: Wayne Johnson PhD, PT
Office: 266 SFH
Office Hours: Post outside of my door, additional times by appointment
Office Phone: 801-422-5490
E-mail: wayne_johnson@byu.edu
TA: Various Lab sections

Required Study Manual:

- *Musculoskeletal Functional Anatomy Myrer, J.W.*

Suggested Reference Texts:

- You will need access to an anatomy atlas or to a computer based program such as...
 - Primal 3D (which may be found in the LRC in the SFH)
 - Anatomy TV (which may be found through links from the library)
- An Atlas of Human Anatomy such as...
 - *McMinn's Color Atlas of Human Anatomy.*
 - *Netter's Atlas of Human Anatomy.*
 - *Clemente, Rohen & Yokochi, Grant's, etc.*
 - *Note---* If you are going on to graduate school in medicine, dentistry, physical therapy or other medically related professions I strongly encourage you to get at least one of these atlases. I had four that I used in physical therapy school. If you are not going to graduate school in a medical area you would still benefit from one of these in this class.
- Other references that would be useful
 - *Thieme Atlas of Anatomy General and Musculoskeletal (ISBN 1-58890-387-7)*
 - *Atlas of Anatomy Taj Books (ISBN 1-902328-40-X)*
 - *Clinically Oriented Anatomy 5th ed, Keith Moore and Arthur Dalley (ISBN 0-7817-3639-0)*
 - *Human Anatomy Martini Timmons & McKinley (ISBN 0-13-010011-0)*
 - *Hollinshead's Textbook of Anatomy (ISBN 0-06-141263-5)*
 - *Gray's Anatomy*
- See also the list available at the SFH LRC Anatomy and Science Reference at the end of the syllabus

Course Description

- Advanced examination of structure and function of skeletal, articular, muscular, and peripheral nervous systems with clinical and active learning applications
- Cadaver lab included

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Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists with Navigate Advantage Access Christy Cael, 2022-03-09 With the use of dynamic visuals and kinesthetic exercises *Functional Anatomy Second Edition* helps readers to explore and understand the body's structures regions layer of the body from bones to ligaments to superficial and deep muscles Muscle profiles indicate origin insertion and innervation points while step by step instructions teach effective bone and muscle palpation Readers will also learn how structures help the body move through joint motion and passive and resisted range of motion techniques Each region ends with the culmination of structure and function to illustrate how they function together to achieve motion of daily activities as well as the movement involved in sports Every new print copy includes Navigate Advantage Access that unlocks a complete interactive eBook writable PDF Workbook videos animations flashcards audio glossary Anatomy Physiology Review Module and more

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Taking Root to Fly Irene Dowd, 1990 Taking Root to Fly Irene Dowd, 1981-06-01

Functional Anatomy and Kinesiology Clifton Boyd Call, 1979

Anatomical Kinesiology Revised Edition Michael Gross, 2022-12-21 Anatomical Kinesiology Revised Edition provides students with a comprehensive and concise resource for mastering the muscles and related anatomy responsible for body movement This is a foundational topic needed for application to other important areas including biomechanics musculoskeletal injuries rehabilitation strength and conditioning and more The text uses 18 chapters divided across five sections to cover all the material Section I has four

chapters that present the anatomy and physiology concepts most relevant to kinesiology such as body orientation terminology and the skeletal muscular and nervous organ systems Section II is divided into three chapters on the bones and their landmarks The final three sections contain the muscle chapters One section for the lower extremities one for the axial skeleton and one for the upper extremities The chapters are divided by regions i e ankle knee shoulder etc Functional Anatomy for Sport and Exercise Clare Milner,2008-07-08 **Musculoskeletal Function** Dortha Esch,Marvin Lepley,1974 *Insights Into Functional Training* Chuck Wolf,2017 **Kinesiology** Carol A. Oatis,2004 Kinesiology is a comprehensive textbook on kinesiology or the study of movement Chapters are organized by body region and each includes a review of functional anatomy and biomechanics with application and discussion of locomotion and pathokinesiology Designed for physical therapy occupational therapy exercise physiology and any other area that studies kinesiology Instructors There are free online instructor and student resources on the book s companion Website For more information and to request your review copy click here BOOK ALONE: Functional Anatomy 2E Component Only Christy Cael,2022-03-23 With the use of dynamic visuals and kinesthetic exercises Functional Anatomy Second Edition helps readers to explore and understand the body s structures regions layer of the body from bones to ligaments to superficial and deep muscles Muscle profiles indicate origin insertion and innervation points while step by step instructions teach effective bone and muscle palpation Readers will also learn how structures help the body move through joint motion and passive and resisted range of motion techniques Each region ends with the culmination of structure and function to illustrate how they function together to achieve motion of daily activities as well as the movement involved in sports A digital Workbook in a new writable PDF format along with new flashcards will provide additional activities exercises and self testing opportunities New online Anatomy Physiology Review Module is as an interactive study tool that allows students to further explore the human body and test their knowledge Try This activities and Chapter Review Questions provide key kinesthetic concepts and reinforce learning Expanded coverage of ligaments and their functions arthrokinematics and anatomy of nerves motor and sensory distribution New content on brachial plexus anatomy and how it courses from the spine into the upper extremity Human Anatomy for Exercise Science Anatomy Physiology for Massage Therapy Occupational Therapy Functional Human Anatomy Clinical Kinesiology 2023 460 pages Functional Anatomy of the Limbs and Back William Henry Hollinshead,1976 **Functional Anatomy of the Limbs and Back** ,1952

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Table of Contents 08 2010 Functional Anatomy And Kinesiology Exsc 400

1. Understanding the eBook 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - The Rise of Digital Reading 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Advantages of eBooks Over Traditional Books
2. Identifying 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - User-Friendly Interface
4. Exploring eBook Recommendations from 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Personalized Recommendations
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 User Reviews and Ratings
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 and Bestseller Lists
5. Accessing 08 2010 Functional Anatomy And Kinesiology Exsc 400 Free and Paid eBooks

- 08 2010 Functional Anatomy And Kinesiology Exsc 400 Public Domain eBooks
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 eBook Subscription Services
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 Budget-Friendly Options
6. Navigating 08 2010 Functional Anatomy And Kinesiology Exsc 400 eBook Formats
- ePub, PDF, MOBI, and More
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 Compatibility with Devices
 - 08 2010 Functional Anatomy And Kinesiology Exsc 400 Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Highlighting and Note-Taking 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Interactive Elements 08 2010 Functional Anatomy And Kinesiology Exsc 400
8. Staying Engaged with 08 2010 Functional Anatomy And Kinesiology Exsc 400
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers 08 2010 Functional Anatomy And Kinesiology Exsc 400
9. Balancing eBooks and Physical Books 08 2010 Functional Anatomy And Kinesiology Exsc 400
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection 08 2010 Functional Anatomy And Kinesiology Exsc 400
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine 08 2010 Functional Anatomy And Kinesiology Exsc 400
- Setting Reading Goals 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of 08 2010 Functional Anatomy And Kinesiology Exsc 400
- Fact-Checking eBook Content of 08 2010 Functional Anatomy And Kinesiology Exsc 400
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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