

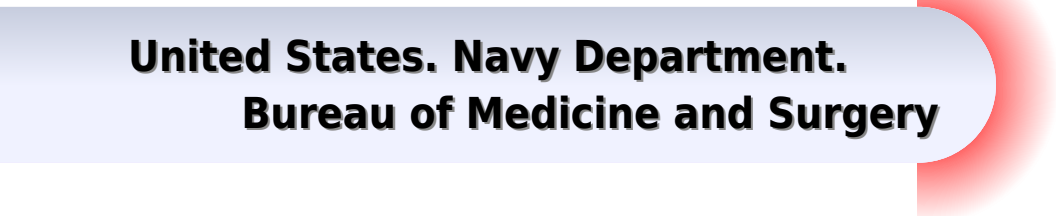


TEMPLATE TO CHECK YOUR PROGRESS IN BUILDING HABITS

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Manual Habit Building

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