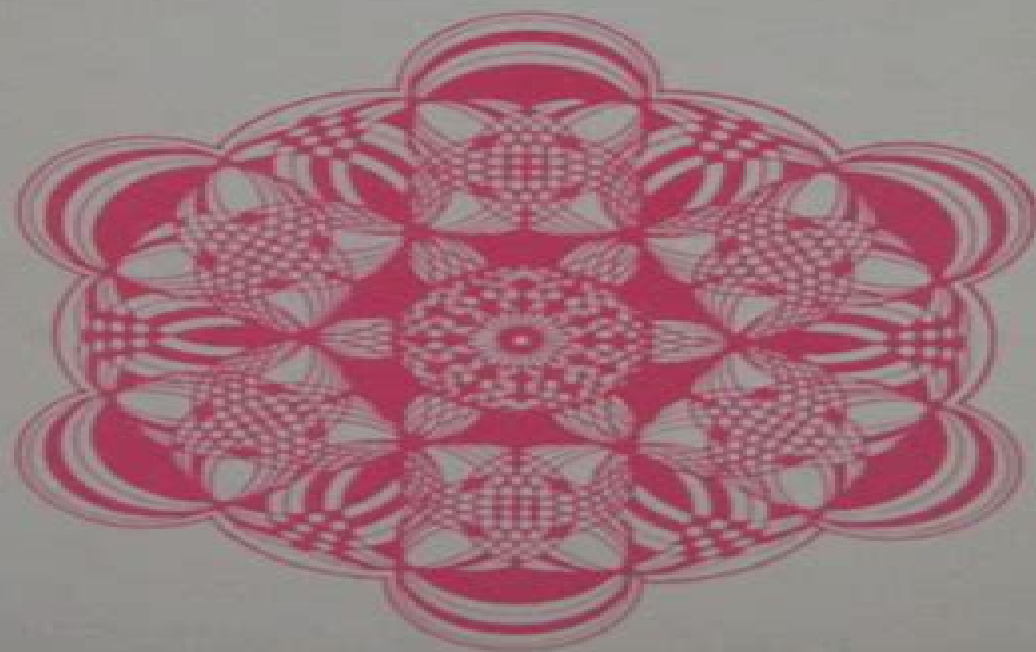


The Lazy Man's Guide to Enlightenment



by Thaddeus Golas

Aa Lazy Mans Guide To Enlightenment

A Gutmann



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The Lazy Man's Guide to Enlightenment Thaddeus Golas,1986 The Lazy Man's Guide to Enlightenment Thaddeus Golas,2010 *Lazy Man's Guide to Enlightenment* Thaddeus Golas,2008 Originally published in 1972 this underground classic teaches how to improve the quality of life to feel good and to determine what s real Full color **Spiritual Transformation** Richard W. Clark,2017-08-15 Spiritual Transformation examines the subtle and complex nature of addictions and poly addictions alcohol drugs pornography shopping eating work etc the myths and traps that defeat recovery from them the structure and intent of each of the twelve steps the related roles of psychology therapy medicine the underlying spiritual philosophy of each of those steps what being recovered actually means the over riding importance of the five spiritual principles and much more It is written for anyone in any twelve step program for family and friends of addicts of all stripes for educators for professionals who work with addicts and alcoholics and anyone who wishes to understand the intricate workings of addiction Richard Clark has presented this material in various formats since 1986 to over ninety thousand people **Fall Down, Get Up, Repeat If Necessary** J Arthur,2020-07-19 Author J Arthur drank steadily for forty years often with glee but only rarely with restraint Eventually however when lying cheating and stealing no longer served when the alcohol just quit working when he couldn t remember why he was mad sad confused and resentful he had great luck in finding a moment of clarity In Fall Down Get Up Repeat if Necessary Arthur shares stories from his life and reveals just how lucky he got in finding that moment He does not offer a how to guide to DIY sobriety instead he recounts just a smidge of what worked for him Once he was horrified at the thought of being an alcoholic a disease for which there is no vaccine no inoculation Now he is at peace knowing there is a fabulous relief when one discovers that treatment exists for this sickness of the mind body and soul **Paperbound Books in Print** ,1982 [Complete, Classic Edition] - Lazy Man's Guide to Enlightenment, by Thaddeus Golas, (the) Thaddeus Golas,2010-10-31 For four decades The Lazy Man s Guide to Enlightenment has touched the lives of its readers This classic manual on human consciousness takes us on a journey through the often confusing world of Spiritual Transformation it has been described as the last book you ll ever need to read on spirituality A classic in its days it inspired a flood of self help manuals none of which hold a candle the wit the deft prose and the shrewd logic of street philosopher and poet Thaddeus Golas American Author Thaddeus Golas 1924 1997 who lived in San Francisco during the 60s great upheaval revised his famous metaphysical manuscript at the end of his life in hopes that the text would connect with younger readers To this end he removed certain phrasings which dated the book and connected it too specifically to the hippie counterculture of the 70s He also added three new chapters which clarified concepts that had confused readers over time making this expanded and definitive version of The Lazy Man s Guide to Enlightenment a gift for future generations Available from the publisher www.seedcenter.co.uk or www.seedcenterbooks.com **The Publishers Weekly** ,1988 **On Cassette** ,1991 *Bibliographic Guide to Music* New York Public Library.

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