



Psychology: Multiple Perspectives Searching for a Unified Theory?

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Abstract

In this review we examine psychology's early beginnings, tracing the influence of Greek philosophers through to the different schools of thought, each with their own research methods and theoretical dogma. Structuralism, functionalism, behaviourism, Gestalt psychology and psychoanalysis were all popular approaches, and each provided in their own way the backbone for what psychology became, what and how it should be researched and how findings should be interpreted. Here we consider how these schools continue to contribute to the development of the current subareas of psychology. While the common goal of these approaches is to try and explain human behaviour, currently as an academic discipline, psychology lacks a unifying theory. We suggest here that in its first thirty years evolutionary psychology is already showing the potential to become this unifying framework for psychology.

Keywords: Evolutionary Psychology; Theoretical Dogma; Human behaviour

Psychology's Origins

Psychology is a complex mix of different approaches to understanding human behaviour which, in part, arises out of its philosophical roots. These philosophical roots can be traced back to the Ancient Greek thinkers such as Socrates (469-399 B.C.), Plato (427-347 B.C.) and Aristotle (385-322 B.C.). Socrates' contributions towards psychology included reflections about the human soul; ethics, morals and inductive reasoning to explain human behaviour; constructivism and the use of confrontation to expedite contradictions in knowledge [1]. Plato claimed that knowledge originates from our reasoning about our sensations. He spoke of 'forms' that are structures which organise the world and are measured through geometry, which, in turn, increases the accuracy of world knowledge via deductive reasoning. He mooted the question of whether the human psyche could be measured

in the same way as the world can be [1]. Aristotle, however, combined a deductive reasoning approach to thinking with an inductive observational approach. He is renowned for his thesis on logical deductive thought based on assumptions and definition. Leary [2] highlighted how Aristotle introduced many metaphors for the human mind which continue to be explored in modern psychology (e.g., in theory construction, research and the mind). It was Aristotle who introduced the notion of an infant's mind at birth as a blank slate which was later referred to as a *tabula rasa* by John Locke. Here, the infant's mind is regarded as a blank slate where knowledge, acquired through interacting with the environment, is written onto it.

The observation of newborn behaviours, in particular their inability to show any evidence of precocial behaviour, led early psychologists to conclude that they rely completely on

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Social Sciences Index, 2001 Learning Psychology and Understanding Human Behavior McConnell, 1992

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legislative fight for the last four decades to protect women from domestic violence rape stalking and related crimes The story of Kentucky s legislative reforms is a history of substantial toil optimism advocacy and personal sacrifice by those who proposed the change This compelling narrative illustrates through their own points of view the stories of survivors who serve as inspiration for change Jordan analyzes national legislative reforms as well as the strategies that have been used to enact and enforce legislation addressing rape and domestic violence at a local level Violence against Women in Kentucky is the first book to look at the history of domestic violence in a state that consistently falls at the bottom of women s rights rankings as told by the activists and survivors who fought for change Detailing the successes and failures of reforms and outlining the work that is still to be done this volume reflects on the future of women s rights legislation in Kentucky **The ... Mental Measurements Yearbook** Oscar Krisen Buros,1978 **Career education implementation incentive act, 1977** United States. Congress. Senate. Committee on Human Resources. Subcommittee on Education, Arts, and Humanities,1977

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