

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the structure and function of the human body



Anatomy

The scientific study of the structure of the human body

Physiology

The scientific study of the function of the human body

Structural levels

Also known as the levels of organization of the human body

- 1. Chemical level - study of the chemical composition of the body
- 2. Cellular level - study of the structure and function of cells
- 3. Tissue level - study of the structure and function of tissues
- 4. Organ level - study of the structure and function of organs
- 5. System level - study of the structure and function of body systems
- 6. Organism level - study of the structure and function of the whole body

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body



Characteristics of living organisms

- 1. Organization - the arrangement of parts into a functional whole
- 2. Metabolism - the chemical reactions that occur within the body
- 3. Growth - the increase in size of the body
- 4. Reproduction - the production of new cells



The body is made up of many different types of cells, each with its own specific function

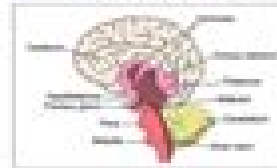
- 1. Epithelial cells - cover the body and line internal organs
- 2. Connective tissue - support and connect other cells
- 3. Muscle cells - contract and move the body
- 4. Nervous cells - transmit information

ORGANS

- 1. Definition - an organ is a group of different tissues that work together to perform a specific function
- 2. Examples - heart, liver, stomach, lungs, kidneys, brain, etc.
- 3. Function - each organ has a specific role to play in the body

Organ systems

- 1. Definition - a system is a group of organs that work together to perform a specific function
- 2. Examples - digestive system, circulatory system, respiratory system, etc.
- 3. Function - each system has a specific role to play in the body



Body systems

The body is made up of many different systems, each with its own specific function

SYSTEMS

- 1. Definition - a system is a group of organs that work together to perform a specific function
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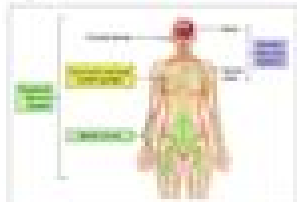
Body systems

- 1. Digestive system - breaks down food into nutrients that can be used by the body
- 2. Circulatory system - transports oxygen and nutrients to the cells and removes waste products
- 3. Respiratory system - takes in oxygen and removes carbon dioxide
- 4. Excretory system - removes waste products from the body
- 5. Reproductive system - produces offspring

RESPIRATORY SYSTEM

Function

- 1. Definition - the process of taking in oxygen and removing carbon dioxide from the body
- 2. Components - trachea, bronchi, bronchioles, alveoli
- 3. Process - oxygen enters the body through the lungs and is transported to the cells, while carbon dioxide is removed from the cells and transported back to the lungs



Structure

- 1. Trachea - the windpipe, which carries air into and out of the lungs
- 2. Bronchi - the main airways that branch off from the trachea
- 3. Bronchioles - smaller airways that branch off from the bronchi
- 4. Alveoli - small sacs where oxygen and carbon dioxide are exchanged

CELLS OF TISSUES

Cells are the basic units of structure and function of the human body



Types of tissues

- 1. Epithelial tissue - covers the body and lines internal organs
- 2. Connective tissue - supports and connects other cells
- 3. Muscle tissue - contracts and moves the body
- 4. Nervous tissue - transmits information

ORGAN SYSTEMS OF THE BODY

- 1. Digestive system - breaks down food into nutrients that can be used by the body
- 2. Circulatory system - transports oxygen and nutrients to the cells and removes waste products
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ENDOCRINE SYSTEM

- 1. Definition - the system of glands that produce hormones
- 2. Components - hypothalamus, pituitary, thyroid, parathyroid, adrenal, etc.
- 3. Function - hormones regulate the body's metabolism, growth, and development



Components of the endocrine system

- 1. Hypothalamus - controls the pituitary gland
- 2. Pituitary - controls the growth and development of the body
- 3. Thyroid - controls the metabolism
- 4. Parathyroid - controls the calcium levels in the blood
- 5. Adrenal - controls the stress response
- 6. Pancreas - controls the blood sugar levels
- 7. Gonads - control the reproductive function

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