Muscular System - Anatomy and Physiology Test Questions And Answers (100% Correct)

What is responsible for all types of movement? CORRECT ANSWERS Muscles

What do muscles do? CORRECT ANSWERS Contract and shorten and are the machine of the body

What are the three basic types of muscle found in the body? CORRECT ANSWERS 1. Skeletal Muscle

- 2. Cardiac Muscle
- 3. Smooth Muscle

What are the functions of the muscles? CORRECT ANSWERS 1. Support the body

- Allow for movement by making bones and other body parts move
- Maintain constant body temperature
- Assist in movement of cardiovascular veins and lymph
- Protect internal organs and stabilize joints

What is the organization of Skeletal Muscle? CORRECT ANSWERS 1. Muscle

- 2. Fascicle
- Muscle Fiber
- 4. Sarcomere
- Myofibrils
- Myofilament
- Myosin and Actin

What is the fascicle? CORRECT ANSWERS A bundle of muscle fibers

What is a muscle fiber? CORRECT ANSWERS A muscle cell

What is a sarcomere? CORRECT ANSWERS Contractile units of a myofibril responsible for the striated appearance

What is a myofibril? CORRECT ANSWERS Structures that make up a muscle fiber

What is a myofilament? CORRECT ANSWERS Protein filaments that make up a sarcomere

What is myosin? CORRECT ANSWERS Thick filaments

What is actin? CORRECT ANSWERS Thin filaments

Anatomy And Physiology Muscular System Test Answers

Ian Peate, Elizabeth Gormley-Fleming

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