

The Culinary Professional Study Guide
Chapter 31: Basic Meat & Poultry Preparation
Activity A: Reviewing Key Concepts

/21

Part 1: Proper Handling and Storage

Read each statement and **HIGHLIGHT** the correct term or phrase to complete the sentence and make the statement true.

1. Fresh meat and poultry should be stored _____.
below 30°F to 35°F [-1°C to 2°C]
at 30°F to 35°F [-1°C to 2°C]
above 30°F to 35°F [-1°C to 2°C]
2. Film-wrapped, vacuum-packed meats have a refrigerated shelf life of _____ when kept in their sealed bags.
several days
several weeks
several months
3. Meat and poultry should be stored on a tray or sheet pan to keep them _____.
from dripping on other items
organized for quick location
from warming
4. Never store raw meats or poultry _____ cooked or ready-to-eat items.
below
on the same level as
above
5. Sanitize _____ food-contact surfaces when storing meats and poultry.
major
non-refrigerated
all

Part 2: Poultry Fabrication

Read each statement and choose the correct term or phrase to complete the sentence and make the statement true.

6. To begin to spit poultry in half, place the bird on the cutting board with the _____ toward you and the tail up. After spitting in half, the bird's backbone _____.
breast, remains with one portion
breast, is cut away and removed
back, remains with one portion
back, is cut away and removed
7. To cut poultry halves into quarters, you need to find the natural separation between the _____ and cut along that line.
leg and wing
breast and thigh
leg and thigh
8. Another term for preparing eight-cut portions of poultry is _____.
double quarter
disjointed

Answers To The Culinary Professional Study Guide

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