

HUMAN ANATOMY & PHYSIOLOGY LABORATORY (BIO 001L)

Lab Exercise 3 – The Language of Anatomy

Name:

Section:

Date:

Learning Objectives

At the end of the laboratory period, the student should be able to:

1. Describe the anatomical position, and explain its importance
2. Use proper anatomical terminology to describe body regions, orientation and direction, and body planes
3. Name the body cavities, and indicate the important organs in each
4. Name and describe the serous membranes of the ventral body cavities
5. Identify the abdominopelvic quadrants and regions on a torso model or image

Visit the following links below to watch video clips about organ systems review:

A&P 1 Lab | Exercise 1: Anatomical Position, Directional Terms, & Body Planes

<https://www.youtube.com/watch?v=7VXNfp35Dw8>

Anatomical Terms of Direction and Planes of Section

<https://www.youtube.com/watch?v=TdL8P5QJ2M4>

1. **Surface Anatomy.** Match each of the numbered descriptions with the related term in the key, and record the key letter or term in front (1 pt. each)

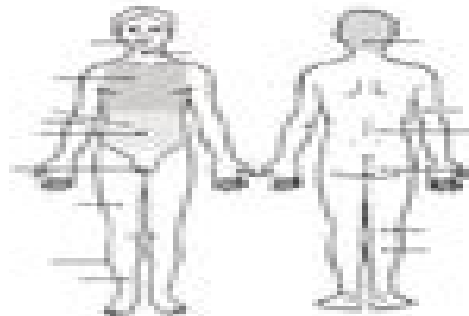
Key: a. buccal b. cephalic c. palmar d. calcaneal e. digital f. scapular

- | | |
|--------------------------|----------------------------|
| 1. cheek | 4. anterior aspect of knee |
| 2. fingers | 5. heel of foot |
| 3. shoulder blade region | 6. head |

2. Indicate the following body areas on the accompanying diagram by placing the correct number at the end of each line. (1 pt. each)

Key:

1. abdominal
2. antecubital
3. brachial
4. cervical
5. cranial
6. femoral
7. fibular
8. gluteal
9. humeral
10. occipital
11. oral
12. popliteal
13. pubic
14. sural



Anatomy Lab Exercise 4

Thomas P. Colville, Joanna M. Bassert



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