

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, adducts, elevates and rotates the scapula of the humerus	Cervical plexus (C3, C4)
Levator scapulae	Anterior tubercle of transverse process of C6	Superior angle of scapula	Elevates scapula	Cervical plexus (C5, C6)
Rectus capitis posterior (superior)	Anterior tubercle of transverse process of C1	Superior nuchal line	Extends head	Cervical plexus (C1, C2)
Rectus capitis posterior (inferior)	Posterior tubercle of transverse process of C1	Superior nuchal line	Extends head	Cervical plexus (C1, C2)
Semispinalis capitis	Spinous of C2, C6, T1	Superior nuchal line	Extends head	Cervical plexus (C2, C6)
Obliquus capitis superior	Transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Obliquus capitis inferior	Spinous of C2	Superior nuchal line	Extends head	Cervical plexus (C2)
Longus capitis	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Longus colli	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Muscles of Anterior Triangle of Neck				
Stylohyoid	Styloid process of hyoid bone	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Digastric (anterior)	Anterior digastric fossa of mandible	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Digastric (posterior)	Posterior digastric fossa of mandible	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Mylohyoid	Anterior border of condylar head of mandible	Mylohyoid line of mandible	Elevates hyoid bone	Vagus nerve (CN X)
Geniohyoid	Genial tubercle of mandible	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Thyrohyoid	Superior border of thyroid cartilage	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone	Elevates hyoid bone	Vagus nerve (CN X)
Longus colli	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Longus capitis	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Neck Muscles				
Longus colli	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Longus capitis	Anterior tubercle of transverse process of C6	Superior nuchal line	Extends head	Cervical plexus (C6)
Muscles of Facial Expression				
Orbicularis oculi	Orbital rim, lacrimal caruncle, upper eyelid	Orbital rim	Closes eye	Trigeminal nerve (CN V)
Orbicularis oris	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Buccinator	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Masseter	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Temporalis	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Platysma	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Muscles of Mastication				
Masseter	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Temporalis	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Medial pterygoid	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)
Lateral pterygoid	Upper lip, mental tubercle	Upper lip	Closes mouth	Trigeminal nerve (CN V)

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