

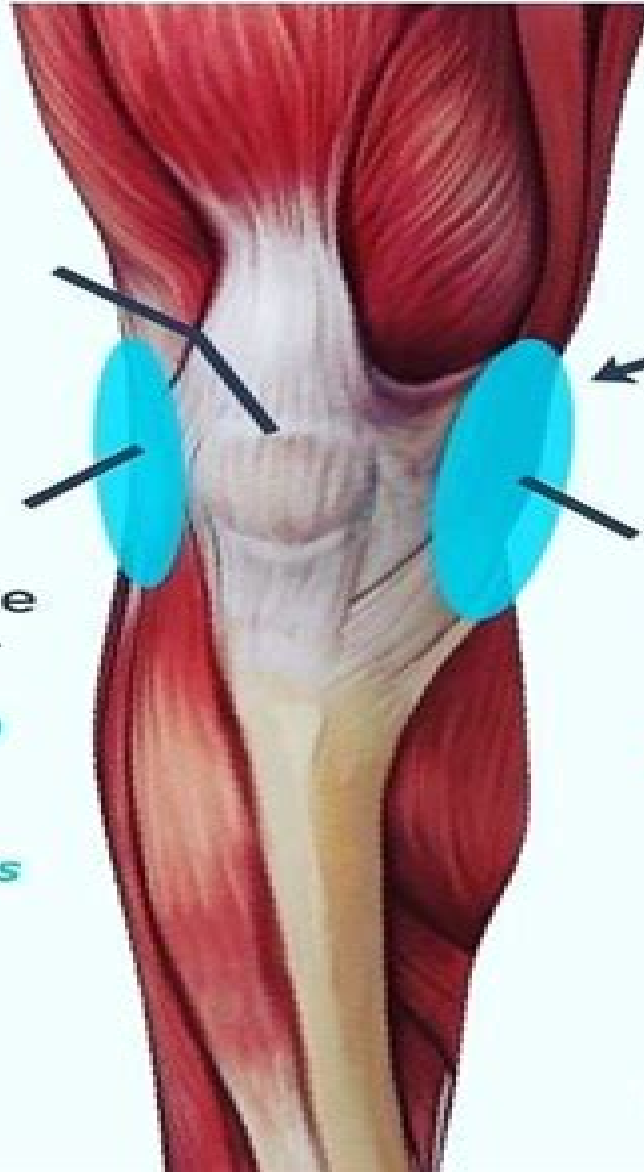
Most Common Causes of Knee Pain

Anterior (Front) of knee

- *Patellofemoral Pain Syndrome*
- *Jumper's Knee*

Lateral (Outside) of knee

- *Iliotibial Band Syndrome (ITBS)*
- *LCL Injury*
- *Lateral Meniscus Tear*



Posterior (Back) of knee

- *Biceps Femoris Tendonitis*
- *Baker's Cyst*

Medial (Inside) of knee

- *MCL Injury*
- *Medial Meniscus*
- *Pes Anserine Bursa*
- *Medial Plica Irritation*

@Chris_physio

Anatomy Of The Knee Muscles Pain

Beth B. Hogans

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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The Anatomical Foundations of Regional Anesthesia and Acute Pain Medicine Macroanatomy Microanatomy Sonoanatomy Functional anatomy André P. Boezaart, 2016-03-04 Although the timeless quote of Alon Winnie ASRA Founding Father that regional anesthesia is simply an exercise in applied anatomy rings true and will continue to ring true for many years to come we now have a better understanding of the micro and ultrastructure of the nerves and the anatomical features membranes fascia fascial planes and barriers that surround them With this understanding on an anatomical basis anesthesiologists can now better appreciate the reasoning behind why pain blocks sometimes fail or where the sweet spot of a nerve is and how to find it or why epidural blocks are segmental while subarachnoid blocks are not or why older patients are less prone to postdural puncture headache and many more issues of regional anesthesia and pain medicine The Anatomical Foundations of Regional Anesthesia and Acute Pain Medicine is a textbook which explains the sensory function of each nerve in the human body in detail including the motor function The textbook also features detailed information on nerve sonoanatomy This textbook is written and designed to convey practical working knowledge of the macro micro sono and functional anatomy required for regional anesthesia and acute pain medicine in an accessible manner through the use of detailed illustrations anatomical figures diagrams and tables with simplified legends and videos that allow readers to understand concepts such as percutaneous nerve mapping and nerve blockade access in a dynamic manner The extensive reference lists adequately complement the knowledge provided in the text The book is essential for all medical graduates and training anesthesiologists seeking to understand the basics and detailed nuances of nerve anatomy and regional anesthesia

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