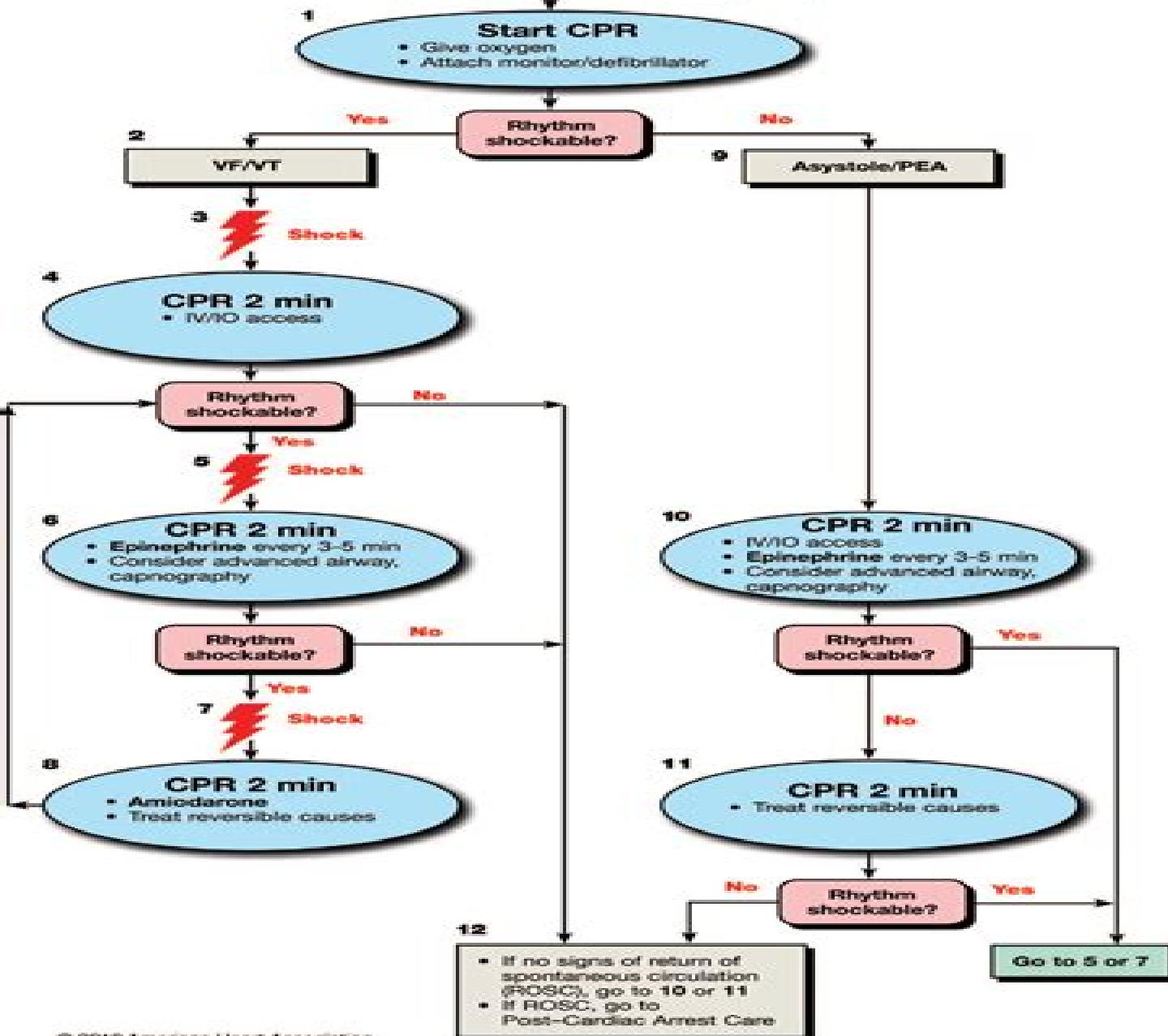


Adult Cardiac Arrest

Shout for Help/Activate Emergency Response



CPR Quality

- Push hard (≥ 2 inches [≥ 5 cm]) and fast (≥ 100 /min) and allow complete chest recoil
- Minimize interruptions in compressions
- Avoid excessive ventilation
- Rotate compressor every 2 minutes
- If no advanced airway, 30:2 compression-ventilation ratio
- Quantitative waveform capnography
 - If PETCO_2 < 10 mm Hg, attempt to improve CPR quality
- Intra-arterial pressure
 - If relaxation phase (diastolic) pressure < 20 mm Hg, attempt to improve CPR quality

Return of Spontaneous Circulation (ROSC)

- Pulse and blood pressure
- Abrupt sustained increase in PETCO_2 (typically > 40 mm Hg)
- Spontaneous arterial pressure waves with intra-arterial monitoring

Shock Energy

- Biphasic: Manufacturer recommendation (120-200 J); if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered.
- Monophasic: 360 J

Drug Therapy

- Epinephrine IV/IO Dose: 1 mg every 3-5 minutes
- Vasopressin IV/IO Dose: 40 units can replace first or second dose of epinephrine
- Amiodarone IV/IO Dose: First dose: 300 mg bolus. Second dose: 150 mg.

Advanced Airway

- Supraglottic airway or endotracheal intubation
- Waveform capnography to confirm and monitor ET tube placement
- 8-10 breaths per minute with continuous chest compressions

Reversible Causes

- Hypovolemia
- Hypoxia
- Hydrogen ion (acidosis)
- Hypo-/hyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toxins
- Thrombosis, pulmonary
- Thrombosis, coronary

Figure 1. ACLS Cardiac Arrest Algorithm.

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ACLS for Experienced Providers ,2017 **ACLS for Experienced Providers** ,2013 Product 90 1075 **ACLS Provider Manual 2006** L Channing,2006-09-01 Advanced Cardiac Life Support (ACLS) Provider Manual # 80-1088
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American Heart Association,2005 **Advanced Cardiovascular Life Support** ,2006 **Advanced Cardiac Life Support (ACLS) Student Provider Manual** American Heart Association,2005 **Advanced Cardiovascular Life Support (ACLS) Provider Manual - a Comprehensive Guide Covering the Latest Guidelines** S. MELONI,M. Mastenbjörk,2021-08-20
The content in this handbook is in compliance with the latest 2020 guidelines recently released by the American Heart Association AHA All the protocols illustrated here are based on up to date evidence These guidelines are updated every 5 years This handbook is designed for all medical professionals who undergo ACLS training It aims to establish a sound understanding of the principles of ACLS and the latest guidelines **ACLS for Experienced Providers** Elizabeth Sinz,Kenneth Navarro,2017

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Table of Contents American Heart Association Acls Pretest Manual Code

1. Understanding the eBook American Heart Association Acls Pretest Manual Code
 - The Rise of Digital Reading American Heart Association Acls Pretest Manual Code
 - Advantages of eBooks Over Traditional Books
2. Identifying American Heart Association Acls Pretest Manual Code
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an American Heart Association Acls Pretest Manual Code
 - User-Friendly Interface
4. Exploring eBook Recommendations from American Heart Association Acls Pretest Manual Code

- Personalized Recommendations
- American Heart Association Acls Pretest Manual Code User Reviews and Ratings
- American Heart Association Acls Pretest Manual Code and Bestseller Lists
- 5. Accessing American Heart Association Acls Pretest Manual Code Free and Paid eBooks
 - American Heart Association Acls Pretest Manual Code Public Domain eBooks
 - American Heart Association Acls Pretest Manual Code eBook Subscription Services
 - American Heart Association Acls Pretest Manual Code Budget-Friendly Options
- 6. Navigating American Heart Association Acls Pretest Manual Code eBook Formats
 - ePub, PDF, MOBI, and More
 - American Heart Association Acls Pretest Manual Code Compatibility with Devices
 - American Heart Association Acls Pretest Manual Code Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of American Heart Association Acls Pretest Manual Code
 - Highlighting and Note-Taking American Heart Association Acls Pretest Manual Code
 - Interactive Elements American Heart Association Acls Pretest Manual Code
- 8. Staying Engaged with American Heart Association Acls Pretest Manual Code
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers American Heart Association Acls Pretest Manual Code
- 9. Balancing eBooks and Physical Books American Heart Association Acls Pretest Manual Code
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection American Heart Association Acls Pretest Manual Code
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine American Heart Association Acls Pretest Manual Code
 - Setting Reading Goals American Heart Association Acls Pretest Manual Code
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of American Heart Association Acls Pretest Manual Code

- Fact-Checking eBook Content of American Heart Association Acls Pretest Manual Code
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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